

PhilHealth hikes 'Z benefit' for breast cancer patients to P1.4M

MANILA – The Philippine Health Insurance Corp. (PhilHealth) has increased its "Z-benefit" package for

breast cancer patients from PHP100,000 to PHP1.4 million. PhilHealth president

and chief executive officer Emmanuel Ledesma Jr. said Friday the increase has been approved and is on top of the

30-percent increase in all PhilHealth benefits. "[Breast cancer] is really very common with everyone.

So that's 14 times, 1,400 percent increase. I think that's just one of the accomplishments that can

put a smile on the face of the Filipino people," he said in a press

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ISSN 2651-6845

Monday Times Cavite

crusading militant truthful

FEBRUARY 26-MARCH 3, 2024 RE-ENTERED AS SECOND CLASS MAIL NO. 2011-37 AT BACOR POST OFFICE, CAVITE DATED MARCH 31, 2011 VOL 22 NO. 28 P15.00

Canada opens first Indo-Pacific agri office in Manila

SEE PAGE 2



MALIKHAIN ANG BATANG IMUSEÑO

Natunghayan ng hindi bababa sa 100 batang Imuseño na pagsasabuhay ng ballet dancers ng Tutu Dance Studio sa pabulang "Ang Uhaw na Uwak" na beryon ni Boots S. Pastor at isinalaysay ni Mr. Isaac Refruto noong Biyernes, Pebrero 16, 2024.

Bahagi ito ng youth program ng pamahalaang lungsod na "Kuwentuhan na sa Plaza . . . Mga Bata, Tara na!" na inorganisa ng City Tourism and Heritage Office (CTHO) at Imus City Public Library

para sa pagdiriwang ng National Arts Month.

Nakilahok din ang mga bata sa iba't ibang malilikhaing aktibidad na tampok sa Love ARTfair. Ang programang "Kuwentuhan na sa Plaza . . . Mga Bata, Tara na!" ay pinangungunahan ng City Public Library buwan-buwan para malinang ang interes sa pagbabasa at matutunan ng mga batang Imuseñong nasa 5 hanggang 12 taong gulang ang mahahalagang aral sa buhay. | via City Government of Imus

PhilHealth's contribution hike still under review: Palace

MANILA – The implementation of the increase in the premium contributions of the Philippine Health Insurance Corp. (PhilHealth) is still under review, Malacañang said Friday.

In a statement, Communications Secretary Cheloy Garafil said President Ferdinand R. Marcos Jr. wants to make sure that any increase in PhilHealth's premium rates will be advantageous to the members.

"The review is still ongoing. The President wants to ensure

that any increase in premium will substantially be much more in value in terms of benefits and coverage to Philhealth members," Garafil said.

Garafil's statement came the same day when PhilHealth president and chief executive officer Emmanuel Ledesma Jr.

said the Office of the President "pose[s] no objection" to the

5-percent increase in premium contributions implemented in

January this year. Health Secretary Teodoro Herbosa in January asked

Marcos to delay the implementation

TURN TO PAGE 4

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Comelec eyes start of poll automation deal negotiations by next week

MANILA – The Commission on Elections (Comelec) is looking to start negotiations next week with South Korean firm Miru Systems Co. Ltd. (Miru) on the PHP18 billion contract for its 2025 poll automation project.

In an interview on Friday, Comelec chairperson George Erwin Garcia said Miru has already received the Notice of Award for the deal.

Garcia noted that they expect to discuss several items, such as customization and establishment of repair hubs in each province.

Other items to be discussed are ballot printing, international certification, source code review, and other aspects of the contract.

“Once the contract has been signed, we can issue the Notice to Proceed so that Miru can start manufacturing the machines,” Garcia said.

The winning bidder will be manufacturing 110,000 automated counting machines that will be used in the May 2025 midterm elections.

“If the contract negotiations won’t be messy, we hope to complete it in two weeks’ time,” Garcia said.

On Thursday, Comelec declared Miru as the winning bidder in its Full Automation System with Transparency Audit/Count project to be used in the next polls. (PNA)

Canada opens first Indo-Pacific agri office in Manila



REGIONAL AGRICULTURE AND AGRI-FOOD OFFICE. Canadian Minister for Agriculture Lawrence MacAulay gives his remarks during the symbolic opening ceremony of the Indo-Pacific Agriculture and Agri-Food Office on Wednesday (Feb. 21, 2024). With the IPAAO opening, MacAulay is confident Canada’s annual agriculture and agri-food export worth over CAD22.8 billion (PHP943.19 billion) to the region would further grow. (PNA photo by Joyce Ann L. Rocamora)

MANILA – The Canadian government on Wednesday formally opened its first regional agriculture office in the Philippines, which would cater to all its partners across the Indo-Pacific region.

The new Indo-Pacific Agriculture and Agri-Food Office (IPAAO) will facilitate capacity-building opportunities as well as link Canada’s farmers, producers, and agri-food stakeholders to its key trading partners, including the Philippines.

With this opening, visiting Canadian Minister for Agriculture Lawrence MacAulay is confident Canada’s annual agriculture and agri-food export worth over CAD22.8 billion (PHP943.19 billion) to the region would further grow.

MacAulay said the Philippines was selected as the new office’s site given its strong relations with Ottawa and its strategic location in the Indo-Pacific region

“We have a great relationship with the Philippines, it’s a central location,” he told reporters.

“We want to sell products here but we are also going to work with this area to increase production because we understand that as a country, food stability is such an important issue,” he added.

The office is located within the Canadian Embassy in the Philippines and will be composed of trade and agriculture experts from Canada.

The office is a joint venture between the Agriculture and Agri-Food Canada and the Canadian Food Inspection Agency and was established under Ottawa’s CAD2.3 billion Indo-Pacific Strategy.

The IPAAO’s mobile team will operate from Manila and work to build strategic partnerships while also promoting Canada’s expertise as a world

leader in food safety and sustainability.

The first cohort of IPAAO staff is already on the ground, working with partners to advance shared priorities, such as food security, technical cooperation, and market access and trade.

Grain Growers of Canada Chair Andre Harpe welcomed the opening, saying the Indo-Pacific presents a large opportunity for Canada’s export-oriented grain sector.

“Market diversification is critical for producers to secure the best price for their grain and the Indo-Pacific region presents the largest opportunity for our sector,” he said.

“We are proud to see the opening of Canada’s Indo-Pacific Agriculture and Agri-Food Office and we look forward to working together to grow, open, and sustain markets across the region,” he added.

Dave Carey of the Canadian Canola Growers Association said the opening also signals that Canada is “serious” about market access and development.

“Canada’s 43,000 canola farmers rely on trade, 90 percent of the canola grown in Canada is exported as seed, oil, and meal,” he said.

“The opening of the IPAAO sends a strong signal to our trading partners in the region that Canada is serious about market access, maintenance, and development,” he added.

Coinciding with the opening was MacAulay’s trade mission to Malaysia and the Philippines, indicating Canada’s growing interest in Southeast Asia.

During a presser, he said Canada and ASEAN are also set to hold their next leg of negotiation for a free trade agreement in Manila next week. (PNA)

Children as young as one year old have become victims of sexual abuse.

Police data shared by Florida Radam, regional coordinator of the Regional Sub-Committee for the Welfare of Children (RSCWC) in Calabarzon identified the youngest victim as female while 33 other female victims were aged 17 years old and below.

Anticipating the looming threat and impact of El Niño in the Calabarzon region, the Regional Disaster Risk Reduction and Management Council (RDRRMC) has adopted a comprehensive Regional Action Plan (RAP) to mitigate the effects of the weather phenomenon.

“We in the government, particularly in the RDRRM Council should hold our responsibility to the people,” declared RDRRMC Chairperson and OCD CALABARZON Regional Director Carlos Eduardo E. Alvarez III.

Muling magbabalik ang voter registration!
VOTER REGISTRATION
 February 12 - September 30, 2024
 Lunes - Sabado kabilang ang holidays (liban sa Marso 28, 29 at 30, 2024)
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 Magpunta lamang sa mga sumusunod:
 - Opisina ng Election Officer sa inyong lugar
 - Register Anywhere Program (RAP) sites
 - Satellite o Mall Registration Sites
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REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

Foreclosure Case No. F-1513-23

EAST WEST BANKING CORPORATION,
Mortgagee,

-versus-

KENEETH CLARO CABRIEL,
Mortgagor/s.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act. 4118, filed by Mortgagee,

EAST WEST BANKING CORPORATION, with business address at Eastwest Corporate Center, The Beaufort, 5th Ave. cor. 23rd St., Bonifacio Global City, Taguig against the Mortgagor/s, KENEETH CLARO CABRIEL with residence and postal address at: 1.) Block 9, Lot 21, Kensington 16, Brgy. Navarro, General Trias City, Cavite; and 2.) 599 Vista Acacia, Amaya I, Tanza, Cavite, to satisfy the mortgage indebtedness as of 08 December 2015 amounts to ONE MILLION THREE HUNDRED FOUR THOUSAND ONE HUNDRED PESOS and 00/100 (P1,304,100.00), Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all the other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on the 07 MARCH 2024 at 10:00 o'clock until 12:00 noon in the morning at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2017063715

LOT NO: 21 BLOCK NO: 2 PLAN NO: PCS-04-029826
PORTION OF: THE CONS/SUBD OF LOTS 78 & 80 BLOCK 2, PCS-04-028598; BLOCK 11, PCS-04- 028596 & LOT 1716, & 1717, SAN FRANCISCO DE MALABON ESTATE, DECREED NO. 4270, LRC REC. NO. 5964

LOCATION: BARANGAY OF NAVARRO, MUNICIPALITY OF GEN. TRIAS PROVINCE OF CAVITE

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	LOT 23, BLOCK 9, PCS-04-029826
2-3	NE	ROAD LOT 11, BLOCK 84, PCS-04-029826
3-4	SE	LOT 19, BLOCK 9, PCS-04-029826
4-1	SW	LOT 22, BLOCK 9, PCS-04-029826

AREA: FIFTY SQUARE METERS (50), MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 21 MARCH 2024 without further notice.

Prospective buyers/bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, 06 February 2024.

RICARDO A. TOLEDO
Sheriff IV

Copy Furnished:
EAST WEST BANKING CORPORATION
Eastwest Corporate Center,
The Beaufort, 5th Ave. cor. 23rd St.,
Bonifacio Global City, Taguig

KENEETH CLARO CABRIEL
Block 9, Lot 21, Kensington 16,
Navarro, General Trias City, Cavite/
599 Vista Acacia, Amaya I, Tanza, Cavite.

Publication: CAVITE MONDAY TIMES
Dates: February 12, 19, 26, 2024

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE.

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

Foreclosure Case No. F-1399-23

PHILIPPINE SAVINGS BANK. Mortgagee,

-versus-

SPS. RICARDO REYES III AND
JOCELYN REYES as represented by their
ATTORNEY-IN-FACT, ROWENA R. VICLAR,
Mortgagor/s.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act. 4118, filed by Mortgagee, PHILIPPINE SAVINGS BANK, with business address at PSBank Center, 777 Paseo de Roxas corner Sedeño Street, Makati City against the Mortgagor/s,

ROWENA R. VICLAR, ATTORNEY-IN-FACT of SPS. RICARDO REYES III AND JOCELYN REYES, with residence and postal address at 266 J. P Rizal Street, Tejeros, Makati City and Block 57, Lot 26 Road Lot 52 Bel Aldea Subd., Brgy. San Francisco, General Trias, Cavite to satisfy the mortgage indebtedness as of 17 November 2023 amounts to NINE HUNDRED FORTY THREE THOUSAND ONE HUNDRED NINETEEN PESOS and 01/100 (P943,119.01), Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all the other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on 07 MARCH 2024 at 10:00 o'clock in the morning at the main entrance of the Government Center Bldg located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2018013975

A PARCEL OF LAND LOT 26, BLK. 57 OF THE CONS-SUBD. PLAN, PCS-04-011869, BEING A PORTION OF THE CONS. OF LOTS 2680-G-3 TO 8, ALL OF (LRC) PSD-222174, LOT 2680-J-2, (LRC) PSD-101732, LOT 2680-H, I & K, ALL OF PSD-33619, LRC REC NO.), SITUATED IN THE BRGY. OF DE FUEGO, MUN. OF GEN TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON. BOUNDED ON THE SE., ALONG LINE 1-2 BY LOT 25, BLK. 57; ON THE SW., ALONG LINE 2-3 BY LOT 17, BLK. 56; ON THE NW., ALONG LINE 3-4 BY LOT 27, BLK 57; ON THE NE., ALONG LINE 4-1 BY ROAD LOT 52, (8.00 M. WIDE). ALL OF THE CONC-SUBD PLAN BEGINNING AT A PT. MARKED "1" ON PLAN XXX CONTAINING AN AREA OF FORTY ONE SQ. METERS AND FORTY SEVEN SQ. DECIMETERS (41.47). XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 21 MARCH 2024 without further notice.

Prospective buyers/bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, 06 February 2024.

ANDRES B. ESPINA
Sheriff IV

Copy Furnished:

PHILIPPINE SAVINGS BANK/
SALGADO CABRERA & ASSOCIATES
c/o ATTY. MAICA MARIS D. MARANAN
4th Floor PSBank Center,
777 Pasco De Roxas cor. Sedeño Street, Makati City

ROWENA R. VICLAR, ATTORNEY-IN-FACT
SPS. RICARDO REYES III AND JOCELYN REYES,
266 J. P. Rizal Street, Tejeros, Makati City
Block 57, Lot 26 Road Lot 52 Bel Aldea Subd.,
Brgy., San Francisco, General Trias, Cavite

Publication: CAVITE MONDAY TIMES
Dates: February 12, 19, 26, 2024

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE.

Republic of the Philippines
Fourth Judicial Region
Regional Trial Court of Cavite
Office of the Clerk of Court & Ex-Officio Sheriff
New Justice Hall, J.P. Rizal Avenue, Kaybagal South,
Tagaytay City

EJF NO. TG-23-262
FOR: Application for Extra-Judicial Foreclosure of Mortgage [Under Act No. 3135, As amended]

BDO UNIBANK, INC.,
Mortgagee,

-versus-

LAURA R. CRUZ AND FRITZIE C. RABANG,
represented by attorney-in-fact Raquel Caday Cruz,
Debtors/Mortgagors.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-judicial foreclosure sale under Act 3135, as Amended by Act No. 4118, filed by Mortgagee, BDO UNIBANK, INC., a universal banking corporation duly organized and existing under the laws of the Republic of the Philippines, with principal office and place of business at BDO Towers Valero, 8741 Valero Street, Makati City, pursuant to the terms and conditions of the Uniform Loan and Mortgage Agreement (Real Estate) ("MORTGAGE") executed and notarized on November 16, 2020 and June 2, 2022 by Debtors/Mortgagors, LAURA R. CRUZ AND FRITZIE C. RABANG, both of legal age, Filipinos, with residence and postal addresses at (1) #604 San Pedro, Bustos, Bulacan; (2) #117 Osmena Street, Brgy. Malaya, Santo Domingo, Nueva Ecija 3133; (3) Unit 1828 18th Floor Tower 5, Wind Residences, Emilio Aguinaldo Highway, Brgy. Maharlika West, Tagaytay City; and (4) 3 Simei Street 3 #01-15, 529891, Singapore, represented by RAQUEL CADAY CRUZ as per Special Power of Attorney executed and notarized on January 28, 2020, in favor of the Mortgagee, over a real estate property including improvements thereon, described in and covered by CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2022000229 of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the Debtors/Mortgagors in the amount of FIVE MILLION SIX HUNDRED SIXTY THOUSAND THREE HUNDRED FORTY-FOUR PESOS AND 93/100 (Pp5,660,344.93) inclusive of interest, penalties and other charges, as of October 27, 2023, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Ryan M. Genova, will sell at public auction on MARCH 14, 2024 at 10:00 o'clock in the morning or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2022000229
Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that the unit identified and described as:

WIND RESIDENCES TOWER 5
FLOOR LEVEL : EIGHTEENTH FLOOR
UNIT NUMBER : UNIT-1828
UNIT TYPE : RESORT RESIDENTIAL UNIT 2
UNIT AREA : 34.89 SQUARE METERS

in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE 2012004161 which embraces and describes the land located at BRGY. SALABAN, MAHARLIKA WEST (NOW), CITY OF TAGAYTAY with an area of FIVE THOUSAND SEVEN HUNDRED NINETY-SEVEN (5,797) Square Meter, is registered in the name of:

Owner: LAURA R. CRUZ, FILIPINO CITIZEN, OF LEGAL AGE, SINGLE
Address: 3 SIMEI STREET 3 #01-15, 529891, SINGAPORE.

Owner: FRITZIE C. RABANG, FILIPINO CITIZEN, OF LEGAL AGE, SINGLE
Address: 3 SIMEI STREET 3 #01-15, 529891, SINGAPORE."

In the event the public auction should not take place on the said date, it shall be held on MARCH 21, 2024 without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2022000229, the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.
Tagaytay City, Philippines, February 1, 2024.

VARBRA ANN A. VARIAS-DIMAYUGA
Clerk of Court & Ex-Officio Sheriff

RYAN M. GENOVA
Sheriff-In-Charge

WARNING:
IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

Note:
Publication was awarded to: CAVITE MONDAY TIMES
Date of Publication: February 12, 19, 26, 2024

Copy Furnished:
BDO UNIBANK, INC.,
Mortgagee
BDO Towers Valero, 8741 Valero Street, Makati City

LAURA R. CRUZ AND FRITZIE C. RABANG
Debtors/Mortgagors
(1) #604 San Pedro, Bustos, Bulacan
(2) #117 Osmena Street, Brgy. Malaya, Santo Domingo, Nueva Ecija 3133
(3) Unit 1828 18th Floor Tower 5, Wind Residences, Emilio Aguinaldo Highway, Brgy. Maharlika West, Tagaytay City
(4) 3 Simei Street 3 #01-15, 529891, Singapore
RAQUEL CADAY CRUZ
Attorney-in-Fact of the Mortgagors
(1) #604 San Pedro, Bustos, Bulacan
(2) #117 Osmena Street, Brgy. Malaya, Santo Domingo, Nueva Ecija 3133

Filipino prelate elected VP of Asian bishops' federation

MANILA – Caloocan Bishop Pablo Virgilio David has been elected vice president of the Federation of Asian Bishops' Conferences (FABC).

The Catholic Bishops' Conference of the Philippines (CBCP) news website reported that David was elected to the post during Thursday's meeting of the FABC central committee in Bangkok, Thailand.

Meanwhile, Cardinal Filipe Neri Ferrão of the Archdiocese of Goa in India was elected to

head the FABC.

Ferrão will succeed Yangon, Myanmar Cardinal Charles Maung Bo, while David will replace Colombo, Sri Lanka Cardinal Malcolm Ranjith.

Tokyo Archbishop Tarcisius Isao Kikuchi was reelected as Secretary General for a second term.

They will start their term of office in January 2025.

The FABC unites Asian episcopal conferences to promote



solidarity and co-responsibility for the welfare of Church and society in Asia.

The conference's central secretariat in Bangkok is the principal service agency and

serves as an instrument of coordination both within the FABC and with outside offices and agencies.

The group is composed of 19 full member-conferences and eight associate members. (PNA)

Highway Patrol Group CALA-BARZON arrested three Most Wanted Persons in Rizal

by Roselle R. Aquino

Camp BGen Vicente Lim, Calamba City - Regional Highway Patrol Unit 4A under the supervision of Regional Chief RHPU4A, Col Rommel Estolano carried out simultaneous anti-carnapping operations that resulted in the arrest of three most wanted personalities, provincial-level.

Estolano identified the suspects as Lloyd Dacula, Mark Basigsig and Jean Faustino Who were arrested by virtue of warrants for violation of New Anti-Carnapping Act of 2016 (RA10883).

Faustino was arrested on February 21, 2024 at about 10:30 AM at Verde Oro East Plaza, Manila East Road, Brgy San Juan, Taytay, Rizal by joint elements of PHPT Rizal led by PEMS Aaron Ezra Cabilan Deputy, Provincial Officer with PEMS Darwin C Dionisio and PCpl Paul Angelo Menor under the direct supervision of Capt Mark Philip Almedilla, Provincial Officer PHPT-Rizal together with Taytay MPS Warrant Section, supported by Philippine Anti Organize Crime Commission (PAOCC).

On same date at about 3:30 PM at Zuri Subd Cabrera

Road Brgy Dolores Taytay, Rizal joint elements of PHPT Rizal led by PEMS Aaron Cabillan, Deputy Provincial Officer together with Taytay MPS Warrant Section conducted operation against MWP also supported by Presidential Anti-Organized Crime Commission (PAOCC) arrested Dacula and Basigsig by virtue of a Warrants of Arrest for the crime of RA 10883 or carnapping issued by Hon Rosarto Gimez Inez Pinzon, Presiding Judge RTC Branch 290 Malabon City with bail recommended P300,000.00.

The accused are presently under the custody of PHPT RIZAL after which will be turned over to Taytay MPS Lock up jail.

The warrant of arrest was being prepared by the PHPT RIZAL office for the return to the court of origin.

The outstanding accomplishment of RHPU4A is the result of intensified Anti-Carnapping Operations of the Highway Patrol Group under the leadership of BGen Alan Nazarro, In line with the CPNP's Aggressive and Honest Law Enforcement operations against carnapping, highway robbery, and other forms of criminality along the highway.

PhilHealth's contribution hike still under review: Palace..from page 1

tion of PhilHealth's 5-percent premium rate increase as the state insurer has "enough money" to continue giving benefits.

Also last month, Marcos said he is still studying the adjustment in PhilHealth's premium rates, adding that he wants to see an increase in benefits offered to the members.

Republic Act 1123 or the Universal Healthcare Law mandates the increase in the PhilHealth contribution rate to increments of 0.5 percent every year starting in 2021 until it reaches 5 percent from 2024 to 2025. Marcos previously suspended the implementation of PhilHealth's increase in premium rate and income ceiling for the calendar year 2023. (PNA)

10 TIPS FOR HEALTHY EATING

- 1 Consume home cooked food more often
- 2 Eat only as per your requirements
- 3 Eat at regular intervals
- 4 Munch on healthy snacks
- 5 Eat when hungry
- 6 Consume whole grain more often
- 7 Eat more protein
- 8 Eat fish for Omega source
- 9 Include healthy fats in your diet
- 10 Eat variety of veggies

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT BRANCH 15,
NAIC, CAVITE OFFICE OF THE CLERK OF COURT
NAIC, CAVITE

FNC-2023-647
For: Extra-Judicial Foreclosure of
Real Estate Mortgage under Act 3135,
as Amended by Act 4118

HOME DEVELOPMENT MUTUAL FUND
(PAG-IBIG FUND), Mortgagee,

-versus-

JOBELITO P. PEREZ
married to TITA V. PEREZ, Mortgagor.
X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial petition for sale under Act 3135, as amended by Act 4118 filed by HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND), mortgagee, with principal office address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City against JOBELITO P. PEREZ, married to TITA V. PEREZ, with postal address at LOT 38, BLOCK 6, KROVA AXIS ROAD, KALAWAAN, PASIG CITY, METRO MANILA and LOT 46, BLOCK 10, HILLSVIEW ROYALE SUBD, TIMALAN, NAIC, CAVITE 4110 to satisfy the mortgage indebtedness which as of AUGUST 15, 2023 amounts to THREE HUNDRED FIFTY SIX THOUSAND TWO HUNDRED EIGHTY SEVEN PESOS AND 52/100 (P356,287.52) Philippine currency, inclusive of interest, penalties and other charges, the undersigned Sheriff will sell at public auction on FEBRUARY 27, 2024 at 10:00 o'clock in the morning or soon thereafter at the main entrance of the Office of the Ex-Officio Sheriff at the Hall of Justice formerly Mayor Macario B. Pena Memorial Hall, Naic, Cavite, to the highest bidder, for cash and in Philippine currency, the following described property with all the improvements existing thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2015007468

A PARCEL OF LAND (LOT 46, BLK. 10 OF THE SUBD. PLAN, PSD-04-196108, BEING A PORTION OF PLAN PCN-04-001968, LRC REC. NO. 8340) SITUATED IN BRGY. OF TIMALAN, MUN. OF NAIC, PROV. OF CAVITE, ISLAND OF LUZON. BOUNDED ON THE SE ALONG LINE 1-2 BY LOT 18; ON THE SW., ALONG LINE 2-3 BY LOT 45, BOTH OF BLK. 10; ON THE NW, ALONG LINE 3-4 BY ROAD LOT 15 (6.50 M. WIDE); AND ON THE NE, ALONG LINE 4-1 BY LOT 47, BLK. 10, ALL OF THE SUBD. PLAN. x x x x CONTAINING AN AREA OF FORTY (40) SQ. METERS. x x x x

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date, it shall be held on March 05, 2024 without prior notice.

Prospective bidders or buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Naic, Cavite, January 08, 2024.

MA. CAROLINA M. POTENTE
Sheriff IV

Copy Furnished:

MARIA VICTORIA D. CAPIRAL
c/o ATTY. PAULINO E. CASES JR. CASES COLLECTION
MANAGEMENT, INC.
Attorney-In-Fact, c/o Cases Chun & Associates Law Offices
6th Floor JELP Business Solutions Building,
409 Addition Hills, Shaw Boulevard, Mandaluyong City

JOBELITO P. PEREZ
married to TITA V. PEREZ
LOT 38, BLOCK 6, KROVA AXIS ROAD,
KALAWAAN, PASIG CITY, METRO MANILA /
LOT 46, BLOCK 10, HILLSVIEW ROYALE SUBD.,
TIMALAN, NAIC, CAVITE 4110

WARNING: It is absolutely prohibited to remove, deface or destroy this notice of Extra Judicial Sale on or before the date of sale.

Publication: CAVITE MONDAY TIMES
Dates: February 5, 12, 19, 2024

ERRATUM

IN FNC 2023-647, HOME DEVELOPMENT MUTUAL FUND VS. JOBELITO P. PEREZ married to TITA V. PEREZ, PUBLISHED AT CAVITE MONDAY TIMES DATED FEB. 5, 12 & 19, 2024. THE WORD SITUATED IN THE BRGY. OF TIMALAN, IT SHOULD BE SITUATED IN BRGY. OF TIMALAN.

CAVITE MONDAY TIMES
FEB. 26, 2024

EVERY DAY IS A NEW BEGINNING
TAKE A DEEP BREATH AND
START AGAIN

WWW.DAILYINSPIRATIONALQUOTES.IN

Republic of the Philippines
Fourth Judicial Region
Regional Trial Court of Cavite
Office of the Clerk of Court & Ex-Officio Sheriff
New Justice Hall, J.P. Rizal Avenue, Kaybagal South,
Tagaytay City

EJF NO. TG-23-082
FOR: Extra-Judicial Foreclosure
of Real Estate Mortgage under Act No. 3135,
as amended by Act No. 4118

BANK OF THE PHILIPPINE ISLANDS
(SUCCESSOR-IN-INTEREST OF BPI
FAMILY SAVINGS BANK, INC.),
Petitioner-Mortgagee,

-versus-

SPOUSES JOELGIE D. RITO
A.K.A JOELGIE DUCA RITO
AND MILANY D. RITO
A.K.A. MILANY DELA CRUZ RITO
A.K.A. MILANY RITO
A.K.A. MILANY S. DELA CRUZ-RITO,
Respondent/s-Mortgagor/s-Borrower/s.
X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-judicial foreclosure sale under Act 3135, as Amended by Act No. 4118, filed by Petitioner/Mortgagee, BANK OF THE PHILIPPINE ISLANDS (Successor-in- Interest of BPI Family Savings Bank, Inc.), a banking corporation duly organized and existing under the laws of the Philippines, with principal office and place of business at 109 Dela Rosa St. corner Paseo De Roxas, Makati City, pursuant to the terms and conditions of Mortgage Loan Agreement, executed and notarized on September 29, 2014 by Respondent/s-Mortgagor/s-Borrower/s, SPOUSES JOELGIE D. RITO A.K.A. JOELGIE DUCA RITO AND MILANY D. RITO A.K.A. MILANY DELA CRUZ RITO A.K.A. MILANY RITO A.K.A. MILANY S. DELA CRUZ-RITO, Filipinos, both of legal age, with residence and postal address/es at: (1) 42 Masaya Street, Old Capitol Site, Diliman Quezon City; (2) Unit M, 3rd Floor, Grand Quarter 3, Barangay Iruhin, Tagaytay City and (3)03F-000M Crosswinds-Grand Quartier 3, Tagaytay Cavite, represented by MILANY S. DELA CRUZ-RITO as per Special Power of Attorney executed and notarized on September 11, 2014, in favor of the Petitioner/Mortgagee, over a real estate property including improvements thereon, described in and covered by CONDOMINIUM CERTIFICATE OF TITLE No. 076-2016000040, of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the Respondent/Mortgagor- in the amount of THREE MILLION ONE HUNDRED FIVE THOUSAND SIX HUNDRED SIXTY-SIX PESOS & 55/100 (Php 3,105,666.55), inclusive of interest, penalties and other charges, as of September 14, 2023, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Rhiz Sañel C. Toledo, will sell at public auction on APRIL 3, 2024 at 10:00 o'clock in the morning or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2016000040
Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that the unit identified and described as:
GRAND QUARTIER 3
3RD FLOOR LEVEL - 3RD FLOOR STUDIO UNIT UNIT M-45.50 SQUARE METERS
in the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on TRANSFER CERTIFICATE OF TITLE 2013005677 which embraces and describes the land located at BARANGAY IRUHIN, TAGAYTAY CITY with an area of TWO THOUSAND EIGHT HUNDRED EIGHTEEN (2818) Square Meter, is registered in the name of:
Owner: SPOUSES JOELGIE D. RITO AND MILANY D. RITO, FILIPINOS
Address: 42 MASAYA ST. OLD CAPITOL SITE, DILIMAN, QUEZON CITY
In the event the public auction should not take place on the said date, it shall be held on APRIL 10, 2024 without further notice.
Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the CONDOMINIUM CERTIFICATE OF TITLE No. 076-2016000040, the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, January 29, 2024.

ATTY. VARBRAANN A. VARIAS-DIMAYUGA
Clerk of Court VI & Ex-Officio Sheriff

RHIZ SAÑEL C. TOLEDO
Sheriff-In-Charge

WARNING:
IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

Note:
Publication was awarded to: CAVITE MONDAY TIMES
Date of Publication: February 12, 19, 26, 2024
Copy Furnished:

BANK OF THE PHILIPPINE ISLANDS
(Successor-in-Interest of BPI Family Savings Bank, Inc.) Mortgagee
109 Dela Rosa St., corner Paseo De Roxas, Makati City

SPOUSES JOELGIE D. RITO AND
MILANY D. RITO
Respondent/s-Mortgagor/s-Borrower/s
(1) 42 Masaya Street, Old Capitol Site, Diliman Quezon City;
(2) Unit M, 3rd Floor, Grand Quarter 3, Barangay Iruhin, Tagaytay City and
(3)03F-000M Crosswinds-Grand Quartier 3, Tagaytay Cavite

Republic of the Philippines
Fourth Judicial Region
Regional Trial Court of Cavite
Office of the Clerk of Court & Ex-Officio Sheriff
New Justice Hall, J.P. Rizal Avenue,
Kaybagal South, Tagaytay City

EJF NO. TG-23-206
FOR: Extra-Judicial Foreclosure of Real Estate Mortgage under Act No. 3135, As amended by Act No. 4118

HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-IBIG Fund), Mortgagee,

-versus-

SARAH JANE G. RAMOS, Mortgagors-Debtor.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-judicial foreclosure sale under Act 3135, as Amended by Act No. 4118, filed by Mortgagee, HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-IBIG Fund), a government financial institution duly organized and existing under and by virtue of Republic Act No. 9679, with principal office and place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, pursuant to the terms and conditions of the Loan and Mortgage Agreement ("MORTGAGE") executed and notarized on July 30, 1998 by Mortgagor-Debtor, SARAH JANE G. RAMOS, single, of legal age, Filipino citizen, with residence and postal addresses at (1) Sto. Domingo, Sta. Rosa, Laguna and (2) Lot 49 Blk. 19, Rancho Imperial De Silang, Brgy. Tartaria, Silang, Cavite, in favor of the Petitioner/Mortgagee, over a real estate property including improvements thereon, described in and covered by TRANSFER CERTIFICATE OF TITLE NO. (T-808948) 16566 of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the Mortgagor/Borrower in the amount of TWO HUNDRED NINETEEN THOUSAND NINE HUNDRED FORTY-ONE PESOS AND 63/100 (Php219,941.63) inclusive of interest and other charges, as of August 15, 2023, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Oliver T. Bocacao, Jr., will sell at public auction on APRIL 10, 2024 at 10:00 o'clock in the morning or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. (T-808948) 16566 Registry of Deeds for the Province of Cavite

"IT IS HEREBY CERTIFIED that certain land situated in the Mun. of Silang, Prov. of Cavite bounded and described as follows:

A parcel of land (Lot No. 49 Blk. 19 of the cons./subd. plan Pcs-04-012899, being a portion of Lot 8014, 8015, 8017, 8018, Cad. 452-D, Silang Cad., Lots 8016-A to 8016-H, Csd-04-006071-D, Lot 15709-A, Csd-042118-012810-D & Lot Blk. 71, Pcs-04-011250, LRC Rec. No.), situated in the Brgy. of Tartaria, Mun. of Silang, Prov. of Cavite. Bounded on the NW., along line 1-2 by Open Space 3; on the NE., along line 2-3 by Lot 48 Blk. 19; on the SE., along line 3-4 by Rd. Lot 34 (6.50 m. wide) p and on the SW., along line 4-1 by Lot 50 Blk. 19; all of the cons./subd. plan. Beginning at a pt. marked "1" on plan being S. 64 deg. 52 'E., 4943.92 m. from BLLM No. 1, Cad. 452-D, Silang Cad.; thence N. 12 deg. 12 'W., 3.50 m. to pt. 2; thence N. 77 deg. 01 'E., 9.89 m. to pt. 3; thence S. 13 deg. 31 'E., 3.50 m. to pt. 4; thence S. 77 deg. 01 'W., 9.97 m. to pt. 1; beginning, containing an area of THIRTY FIVE (35) SQ. METERS. All pts. referred to are indicated on the plan and are marked on the ground by PS cyl. conc. mons. 15x60 cm.; bearings true; date of orig. survey Dec. 7, 1973-Dec. 4, 1975 and that of the subd. survey Aug. 1-30, 1997 and was approved on Dec. 5, 1997. is registered in accordance with the provisions of the Property Registration Decree in the name of SARAH JANE G. RAMOS, single, of legal age, FILIPINO.

In the event the public auction should not take place on the said date, it shall be held on APRIL 17, 2024 without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the TRANSFER CERTIFICATE OF TITLE NO. (T-808948) 16566, the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, January 30, 2024.

ATTY. VARBRAANN A. VARIAS-DIMAYUGA
Clerk of Court VI & Ex-Officio Sheriff

OLIVER T. BOCACAO, JR.
Sheriff-In-Charge

WARNING:

IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF AUCTION SALE UNDER THE PENALTY OF LAW.

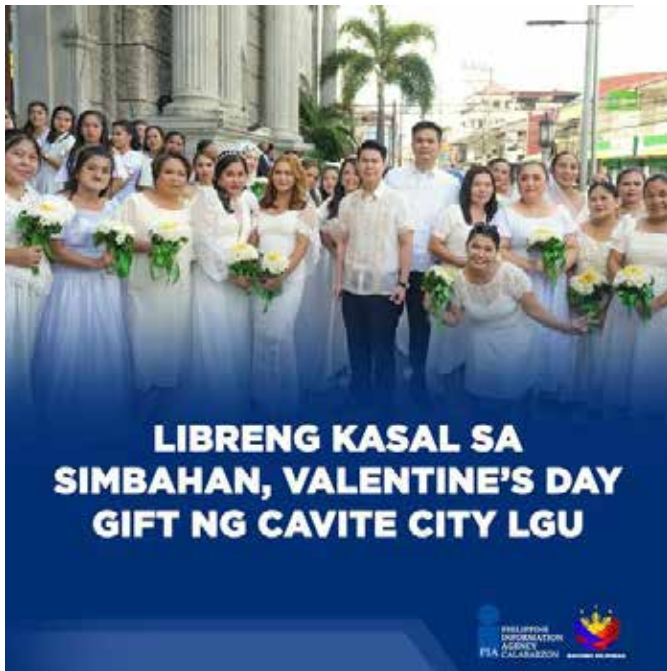
Note:
Publication was awarded to: CAVITE MONDAY TIMES
Date of Publication: Feb. 26, Mar. 5 & 12, 2024

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-IBIG Fund) Mortgagee
The Petron Mega Plaza Building,
No. 358 Sen Gil Puyat Avenue, Makati City

MARIA VICTORIA D. CAPIRAL
c/o PAULINO E. CASES, JR.
Attorney-in-Fact of the Mortgagee
c/o Cases Chun & Associates Law Offices
6TH Floor JELP Business Solutions Building,
409 Addition Hills, Shaw Boulevard, Mandaluyong City

SARAH JANE G. RAMOS
Mortgagor/s-Debtor/s
(1) Sto. Domingo, Sta. Rosa, Laguna
(2) Lot 49 Blk 19 Rancho Imperial De Silang,
Brgy. Tartaria, Silang, Cavite



Libreng church wedding at reception ang regalo ng pamahalaang lungsod ng Cavite para sa 45 magsing-irog ngayong Buwan ng mga Puso.

Noong Sabado, Pebrero 17, ginanap ang Post-Valentine's Day wedding ceremony sa San Roque Parish Church na pinangunahan ni Fr. Mike Cron na sinundan ng libreng reception na idinaos sa St. Joseph College.

Nagbigay rin ang pamahalaang lungsod ng cash gift, durabox at iba pang sorpresa upang maiuwi sa kani-kanilang tahanan. Sa kanyang Facebook page naman ipinahatid ni Mayor Denver Chua ang kanyang pagbati sa mga bagong kasal. | via Denver Chua

P20 hike in BARMM minimum wage takes effect Feb. 28

MANILA – Minimum wage earners in the Bangsamoro Autonomous Region in Muslim Mindanao will get an additional PHP20 in their salaries effective Feb. 28.

In a social media post on Wednesday, the National Wages and Productivity Commission (NWPC) reported that the minimum wage rates in BARMM will range from PHP316 to PHP361 in different sectors and industries.

The Bangsamoro Tripartite Wages and Productivity Board approved Wage Order No. BARMM-03 mandating the pay hike on Feb. 7.

The order covers non-agricultural workers employed in industry, manufacturing, construction, commerce, mining, and the academe while the agriculture sector also covers those working in non-plantation and retail.

The new wage order raises the minimum daily wage to PHP326 for agriculture workers and PHP336 for non-agriculture workers in the prov-

inces of Maguindanao del Sur, Maguindanao del Norte, Lanao del Sur, Basilan, Sulu, Tawi-Tawi, and the cities of Lamitan and Marawi.

On the other hand, the minimum wage for workers in Cotabato City will be PHP336 for the agriculture sector and PHP361 for the non-agriculture sector.

Meanwhile, the non-agricultural and agricultural sector employees in Special Geographic Area (SGA) are not covered by the wage hike as their salaries will remain at PHP341 and PHP316, respectively.

The SGA is the territory of the BARMM scattered in different municipalities of Cotabato province established through a plebiscite in 2019, carving out 63 barangays from the municipalities of Carmen, Kabacan, Pikit, Midsayap and Pigcawayan.

The last wage order in the region took effect on July 21, 2022. (PNA)

DepEd assures EDCOM to deliver textbooks on time



TEXTBOOK. The Department of Education officials, led by Undersecretary Gina Gonong, attends a meeting with Second Congressional Commission on Education (EDCOM 2) at the University of the Philippines at BGC, Taguig City on Thursday (Feb. 22, 2024). The ongoing textbook procurement and the newly launched Catch-up Fridays were discussed. (Photo courtesy by EDCOM 2)

MANILA – The Department of Education (DepEd) has committed to deliver 80 percent of textbooks for Grades 1, 4, and 7 by July this year.

The Department made this commitment during a meeting with the Second Congressional Commission on Education (EDCOM 2) held at the University of the Philippines in Taguig City on Thursday.

Representatives from DepEd noted that the award for successful bidders for textbooks will be issued by March and the Notice to Proceed by April which signals the start of printing.

"By July, we'll have around 80 percent of textbooks [for Grades 1, 4, 7]," assured Director Ariz Cawilan of the DepEd Bureau of Learning Resources.

During her Basic Education Report 2024, Vice President and Education Secretary Sara Duterte said that alongside traditional textbooks, they will also provide e-textbooks for learners.

PhilHealth hikes 'Z benefit' for breast cancer patients to P1.4M..from page 1

conference in Pasig City.

Z-benefit packages are services and rates for "Case Type Z" or catastrophic illnesses that could result in prolonged hospitalization and poor outcomes if early intervention is not done.

This typically includes hospital room and board fees, in-hospital medications, laboratory examinations, operating room fees, and professional fees.

On Feb. 14, an inflation adjustment factor of 30 percent for existing case rates took effect following Ledesma's signing of PhilHealth Circular No. 2024-001 on Jan. 29.

However, he said case rate packages that were increased in

Duterte said they have consulted with various publishers to facilitate the provision of e-textbooks and leveraging digital technology.

"In the procurement of textbooks for the MATATAG K-10 Curriculum, we will require the winning bidder to provide us with electronic copies that learners may access anytime, anywhere," she said.

In its Year One Report, EDCOM 2 cited one of its findings that for Grade 1 to Grade 10, only 27 textbooks have been procured since 2012.

"Specifically, since the introduction of the K to 12 curriculum, only Grades 5 and 6 textbooks have been successfully procured," the report read.

EDCOM 2 has been urging DepEd to ensure timely textbook procurement for the upcoming school year and recommended for the agency to look into the possibility of procuring books that are already available in the market rather than engaging publishers to develop new ones. (PNA)

the past five years --some by more than 30 percent-- are not covered by the inflation adjustment.

These include the coverage for ischemic stroke from PHP28,000 to PHP76,000 (171 percent increase), hemorrhagic stroke from PHP38,000 to PHP80,000 (111 percent increase), and coverage for high-risk pneumonia from PHP32,000 to PHP90,100 (182 percent increase).

PhilHealth also increased the number of hemodialysis sessions for Stage 5 chronic kidney disease patients from 90 sessions to 156 sessions per year or an increase from PHP234,000 to PHP405,600 at PHP2,600 per session, a 74-percent increase. (PNA)

IMPORTANT HEALTH TIPS

- ➔ Don't take your medicine with cold water.
- ➔ Don't eat heavy meals after 5pm.
- ➔ Drink more water in morning, less at night.
- ➔ Best sleeping time is 10pm to 4am.
- ➔ Don't lie down immediately after taking meal.
- ➔ Answer phone calls from Left ear.
- ➔ When phone's battery is low to last bar, don't answer the call because the radiation is 1000 times stronger.

SHARE THIS WITH YOUR LOVED ONES.

@healthandweightlosstips100



Isa na ang South Maya Integrated Farm sa bayan ng Amadeo, Cavite sa mga Learning Site for Agriculture I (LSA I) na makakatuwang ng Department of Agriculture - Agricultural Training Institute (DA-ATI) CALABARZON.

Noong Lunes, Pebrero 19, pinangunahan ni Center Director Dr. Rolando V. Maningas ang paggawad ng sertipiko at paglagda sa Memorandum of Understanding (MOU) sa pagitan ng DA-ATI CALABARZON at ng South Maya Integrated Farm sa pangugunguna ni Ramon Luis J. Dela Cruz.

Layunin ng mga LSA na maibahagi ang kanilang mga kasanayan at kaalaman sa komunidad. | via ATICalabarzon #BagongPilipinas

Grab seeks PBBM's support to increase ridership by 500K per day



SERVICE EXPANSION. President Ferdinand R. Marcos Jr. meets with the officials of Grab Holdings Inc., led by chief executive officer Anthony Tan, at the President's Hall of Malacañan Palace in Manila on Tuesday (Feb. 20, 2024). During the meeting, Grab officials discussed with Marcos the company's plan to expand its services in the Philippines. (Photo courtesy of the Presidential Communications Office)

MANILA – Ride-hailing company Grab Philippines has sought President Ferdinand R. Marcos Jr.'s support to achieve its ridership target of 500,000 per day, Malacañang said Wednesday.

This, as top executives of Grab Holdings Inc., led by co-founder and chief executive officer Anthony Tan, paid a courtesy call on Marcos at Malacañan Palace in Manila on Tuesday, Presidential Communications Office (PCO) Secretary Cheloy Garafil said.

"Grab, a super-app developer, is seeking the President's support to back its plans for the Philippines, saying it targets to increase its ridership to half a million rides a day from the current 300,000 each day," Garafil said in a statement.

During the meeting at Malacañan Palace, Tan stressed that with Marcos' support, Grab can attain its ridership goal in six months.

Tan told Marcos that to date, Grab's ridership has increased to over 300,000 every day, significantly higher compared to 8,000 rides a day when the ride-hailing firm acquired "Move It."

He also cited a former habal-habal driver operating for 10 years who now makes as much as three times than before with the help of Grab, or an earning between

PHP1,500 to PHP2,500 daily, which is higher than his previous earnings of around PHP500 to PHP700 daily.

"So, it's not just about the number of jobs, Mr. President. It's the quality, increasing livelihood," Tan told Marcos, as quoted by the PCO.

In a Facebook post, Marcos said he is working with Grab to legalize motorcycle (MC) taxis and relax regulations on transport network vehicle service (TNVS).

"More transport options will benefit commuters, drivers and MSMEs (micro, small and medium enterprises)," he said.

Marcos also acknowledged Grab's contribution in generating local employment in the country.

"Your impact on unemployment numbers comprises about 1.1 percent of the increase in employment in the past year and half. That was Grab, so that's the 300,000 that we're talking about has a significant effect," he said.

"Actually, there are upstreams and downstreams that comes with it. So yeah, there are jobs created, not only the actual operators," Marcos added.

In 2023, Grab created more than 100,000 driver and operator jobs and digitalized over 15,000 MSMEs, which contributed to easing the national unemployment rates by 1.1 percent to 1.6 percent from 2019 to 2021.

GrabCar is operating in 25 cities, while GrabFood provides services to more than 100 cities nationwide.

The Grab recommended last year the deregulation of the supply of TNVS and the legalization of MC taxis.

The Department of Transportation has said the removal of the supply cap will need further evaluation, which will be based on the consultation and data provided by the transportation network companies and other relevant data.

Tan also discussed with Marcos the plan of Grab to incorporate electronic vehicles into its services, based on a statement posted on state-run Radio Television Malacañang.

Grab offers a wide range of services, including ride-hailing, food delivery, parcel delivery, digital payment and financial services.

Grab Philippines seeks to expand its operations to 10 more cities and municipalities this year.

Currently, there are about 40,000 drivers registered with the Grab TNVS, with around 30,000 operating in Metro Manila.

Apart from Grab and Move It, the country has seen in recent years the rise of other app-based TNVS, ride-hailing, and food delivery services like Angkas, JoyRide, Foodpanda and Tok-Tok. (PNA)

TAMANG PAG-AALAGA SA MATA

By Doc Willie Ong

Huwag nating pabayaang ating mata. Puwede rin itong magkasakit at masira kapag tayo'y maging pabaya. Para makaiwas sa mga seryosong sakit tulad ng glaucoma, diabetic eye disease at katarata, sundin ang mga payong ito.

1. Kumain ng pagkainang mabuti sa mata. Ang maberdeng gulay tulad ng kangkong, broccoli, camote tops (talbos) at spinach, ay nagpapalinalaw ng ating paningin. Siyempre ang mapupulang karot, kalabasa at kamatis (3 K's) ay may taglay na vitamin A para sa mata. Ang dilaw na pakwan ay may sangkap na lutein na kailangan din ng mata. Ang pagkain ng matatabang isda tulad ng tuna, tamban at tanigi (3 T's) ay mahalaga din.

2. Magsuot ng sunglass. Bukod sa pagiging sosyal at "in," pinoprotektahan ng sunglass ang ating mata laban sa masasamang ultraviolet rays ng araw. Ang ultraviolet rays (UV rays) ay puwedeng "makasunog" sa looban ng ating mata (ang retina). Bumili ng sunglass na may markang



UV-A at UV-B protection.

3. Mag-ehersisyo. Alam ba ninyo na ang 30 minutos na ehersisyo ay puwedeng magpababa ng pressure ng mata?

Ang paghinga ng malalim at pag-relaks ay maka-tutulong din sa sakit na glaucoma, kung saan mataas ang pressure ng mata.

4. Mag-ingat sa sports. Puwedeng magsuot ng espesyal na protection eyeglasses, na nabibili sa mga sports shops. Gawa ito sa polycarbonate, isang uri ng matigas na plastic. Nakita mo ba ang mga NBA players na may suot ng salamin? Ito'y para protektahan ang kanilang mata.

5. Maghugas maigi ng kamay. Para makaiwas sa sore eyes, maghugas palagi ng kamay. Huwag ding basta-bastang magkamot o punasan ang mata. Gumamit ng panyo o tissue.

6. Ipahinga ang mata. Puwede

mong ipikit ang mata habang ika'y nakasakay sa kotse o kaya ay may kinaka-usap sa telepono. Matulog din ng 7-8 oras.

7. Maghugas ng mata sa paggising at bago matulog. Gumamit lang ng malinis na tubig.

8. Ipa-check ang iyong blood sugar. Kung ika'y may diabetes, malaki ang tsansang magkaroon ng diabetic eye disease. Siguraduhin mababa ang iyong blood sugar sa pamamagitan ng ehersisyo at gamot.

9. Umiwas sa nakasisilaw na bagay. Huwag tu-mitig sa araw at maliwanag na ilaw. Ito ang pinakamahalagang payo para hindi masira ang ating mata. Subukan ding diliman ang ating computer screen at telebisyon para hindi tayo masilaw. Good luck po!

IMPORTANT HEALTH TIPS

- ➔ Don't take your medicine with cold water.
- ➔ Don't eat heavy meals after 5pm.
- ➔ Drink more water in morning, less at night.
- ➔ Best sleeping time is 10pm to 4am.
- ➔ Don't lie down immediately after taking meal.
- ➔ Answer phone calls from Left ear.
- ➔ When phone's battery is low to last bar, don't answer the call because the radiation is 1000 times stronger.

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@healthandweightloss100

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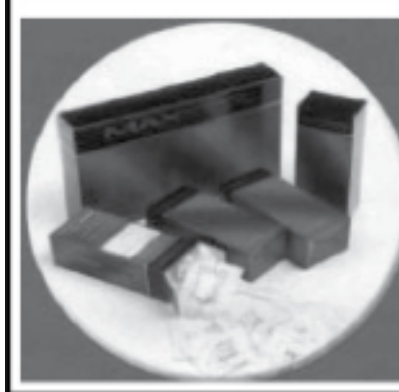
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February 26-March 3, 2024

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