

DSWD assists more than 6.5M Filipinos in crisis in 2023

MANILA – More than 6.5 million Filipinos facing difficult circumstances benefited from the Department of

Social Welfare and Development's (DSWD) Assistance to Individuals in Crisis Situation (AICS) program in 2023,

DSWD Assistant Secretary for Strategic Communications Romel Lopez said on Saturday.

In a statement, Lopez said the number of clients served under the AICS last year was more than four times the pro-

gram's annual target of 1,691,869 beneficiaries.

many of our kababayans (countrymen) need support from the gov-

"It is evident that

TURN TO PAGE 11

Monday Times Cavite

crusading militant truthful

JANUARY 22-28, 2024 RE-ENTERED AS SECOND CLASS MAIL NO. 2011-37 AT BACOR POST OFFICE, CAVITE DATED MARCH 31, 2011 VOL 23 NO. 22 P15.00

THSCS team wins big in Make X Robotics World Championship Competition
SEE PAGE 6



DASMARIÑAS CITY | Umabot sa 32 residente ng Barangay Buro 2 ang nabigyan ng pagkakataong sumailalim sa libreng screening para sa HIV, Syphilis, at Hepatitis-B sa tulong ng Dasmariñas Social Hygiene Clinic noong Miyerkules, Enero 17.

Kasunod nito ay nagbigay rin ang Social Hygiene Clinic ng lecture ukol sa Human Immunodeficiency Virus (HIV) at mga dapat tandaan ukol dito.

Pinasalamanat naman ng DSHC ang mga bumubuo ng pamahalaang barangay sa pangunguna ni Punong Barangay Edwin Unlayao para sa suportang kanilang ibinigay para sa nasabing aktibidad. | via Dasmariñas Social Hygiene Clinic

'DRUG CLEARED' BARANGAYS SA TANZA, BINIGYANG PAGKILALA

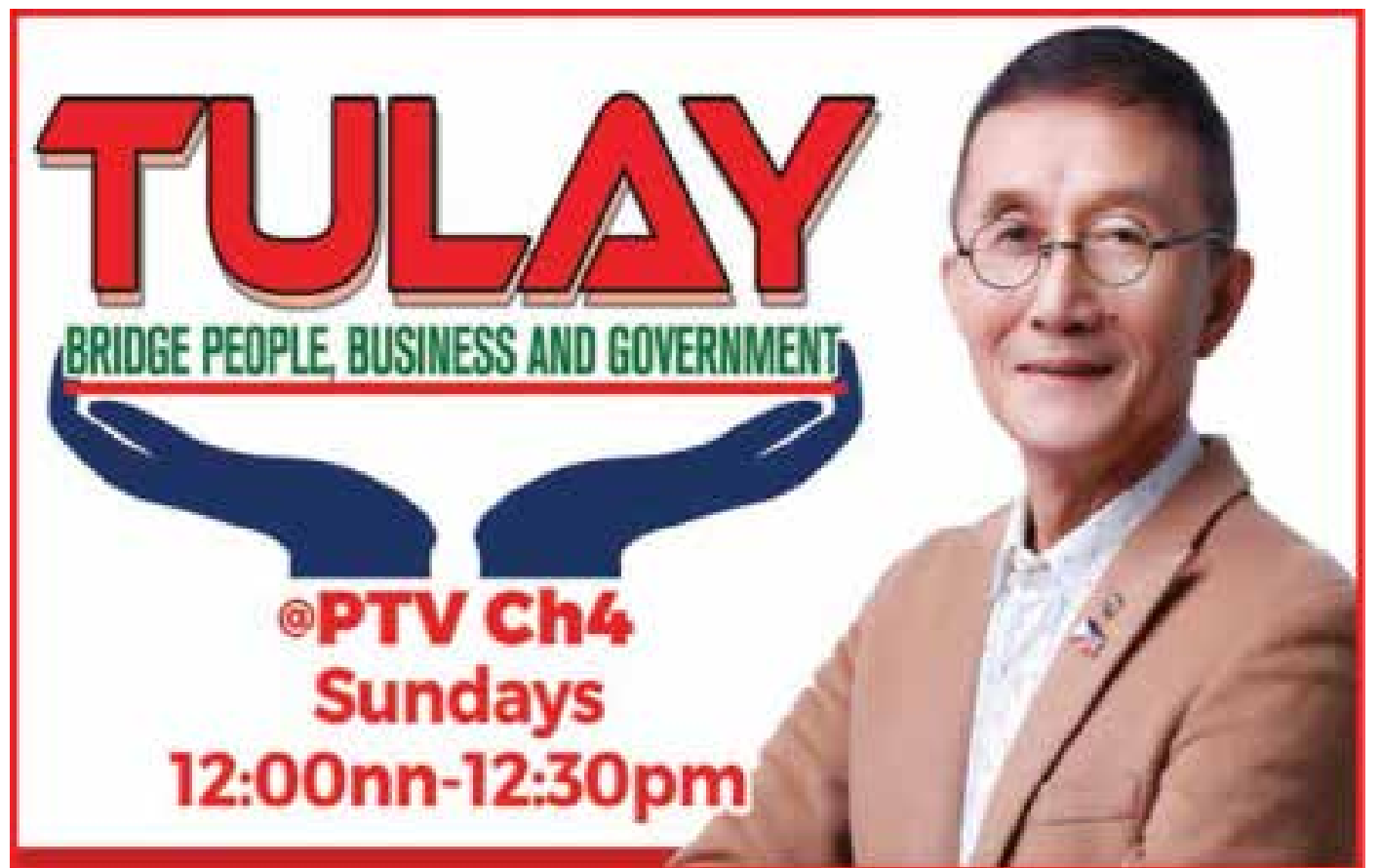
Mas pinaigting ng lokal na pamahalaan ng Tanza ang kampanya nito laban sa ipinagbabawal na gamot.

Kaya naman noong Lunes, Enero 15, pormal nang idineklara bilang 'Drug Cleared Barangay' ang Barangay Poblacion I, Poblacion II, Julugan III, Lambingan, Tres Cruces, at Amaya III.

Mismong si Mayor Yuri Pacumio ang nagpakilala sa

mga huwaring barangay at binigyang pugay ang kanilang mga effort upang masiguro ang kaligtasan at kalusugan ng kanilang komunidad.

Tiniyak naman ng lokal na pamahalaan na mas pag-iigtingin nito ang kanilang mga programa upang bigyang pansin ang ipinagbabawal na gamot at rehabilitasyon ng mga biktima nito. | via Municipality Of Tanza Cavite





President Ferdinand Marcos Jr. led the inauguration of JG Summit Olefins Expanded Petrochemicals Manufacturing Complex facility located in Brgy. Simlong, Batangas City today, January 19, 2024.

In his speech, the President said that the JG Summit Olefins Corp. is a testament of the world-class Filipino skills and proof of business confidence in the country.

He noted that it was a big help in the manufacturing industry of the country and a vital link in moving up the value chain.

The fully integrated manufacturing complex in Batangas City is the first and only naphtha cracker plant in the country. In 2023, the company completed and started commercial operations of the final leg of its \$1.3B expansion project bringing the overall site capacity to over 1 million metric tons of petrochemical products per year. | via Bhaby de Castro, PIA-Batangas; □ Mark Bryan Lito, PIA-4A



Monday Times
 CAVITE
 A weekly publication, with principal office, business and editorial address at 151 Panamitan, Kawit, Cavite 4104
 *Cell.no, 09176275521

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COMMERCIAL ADS :P200/COLUMN CM
LEGAL NOTICES :P160.00/COLUMN CM

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REPUBLIC OF THE PHILIPPINES
 FOURTH JUDICIAL REGION
 REGIONAL TRIAL COURT
 OFFICE OF THE CLERK OF COURT
 TRECE MARTIRES CITY

Foreclosure Case No. F-912-23

HOME DEVELOPMENT MUTUAL FUND,
 Mortgagee,

-versus-

ROLANDO M. BELLEZA JR,
 Mortgagor/s,
 X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra -Judicial Petition for Sale under Act 3135, as amended by Act. 4118, filed by mortgagee HOME DEVELOPMENT MUTUAL FUND, with business address at The Petron Mega Plaza Building, No. 358 Sen Gil Puyat Ave. Makati City against the Mortgagor, ROLANDO M. BELLEZA JR with residence and postal address at No. 205 Capt. B. Paredes St., Imus, Cavite and Lot 28 Block 19 Phase 2 South Square Village, Brgy. Pasong Kawayan II, General Trias, Cavite to satisfy the mortgage indebtedness as of 25 July 2023 amounts to THREE HUNDRED SIXTY SEVEN THOUSAND FOUR HUNDRED SIXTY NINE & 29/100 (P367,469.29), Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all the other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on 23 January 2024 at 10:00 o'clock in the morning at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2017 03 9351

A PARCEL OF LAND (LOT 28, BLOCK 19 OF THE CONSOLIDATION/SUBDIVISION PLAN, PCS-04-017278, BEING A PORTION OF LOT 3 BLOCK 73, BLOCK 75, PCS-04-013705 & LOT 2330, SAN FRANCISCO DE MALABON ESTATE, LRC REC. NO. 5964) SITUATED IN THE PASONG KAWAYAN II, MUNICIPALITY OF GEN. TRIAS, CAVITE. BOUNDED ON THE SE., ALONG LINE 1-2 BY LOT 27, BLK. 19; ON THE SW, & NW., ALONG LINES 2-3-4-5 BY ROAD LOT 4A (6.00 M. WIDE); ALONG LINE 5-6 BY ALLEY 13; AND ON THE NE., ALONG LINE 6-1 BY LOT 23, BLK. 19, ALL OF THE CONSO-SUBD. PLAN BEGINNING AT A POINT MARKED "1" ON PLAN BEING XXX CONTAINING AN AREA OF FORTY SIX (46) SQUARE METERS XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 0 6 FEB 2021, without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City 29 DEC 2022.

ANDRES B. ESPINA
 Sheriff IV

Copy Furnished:

Home Development and Mutual Fund
 c/o POMPEYO P. MAYNIGO
 Attorney-in-Fact, Vision Credit & Collection Services Incorporated
 JRDC Building 117 Sen Gil. J Puyat Ave. Pasay City

ROLANDO M. BELLEZA JR
 No. 205 Capt. B. Paredes St., Imus, Cavite
 Lot 28 Block 19 Phase 2 South Square Village, Brgy. Pasong Kawayan II, General Trias, Cavite

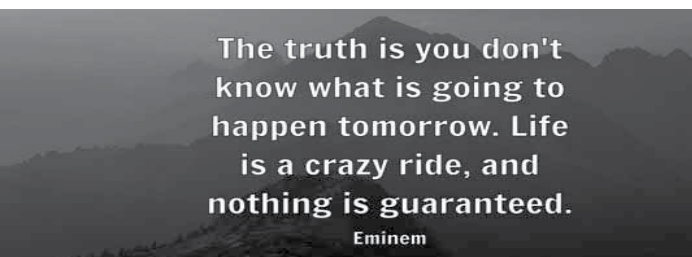
Publication Cavite MondayTimes
 Dates: Jan. 1,8, 15, 2024

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE DEFACE, OR DESTROY THIS NOTICE OF EXTRAJUDICIAL SALE ON OR BEFORE THE DATE OF SALE

ERRATUM

IN FORECLOSURE CASE NO. F-912-23, HOME DEVELOPMENT MUTUAL FUND VS. ROLANDO M. BELLEZA JR. PUBLISHED AT CAVITE MONDAY TIMES DATED JAN. 1, 8 & 15, 2023. THE AMOUNT IN ENCODED AS THREE HUNDRED SIXTY SEVEN THOUSAND FOUR HUNDRED SIXTY NINE & 86/100 (P367,469.86), IT SHOULD BE THREE HUNDRED SIXTY SEVEN THOUSAND FOUR HUNDRED SIXTY NINE & 29/100 (P367,469.29).

CAVITE MONDAY TIMES
 JAN. 22, 2024



REPUBLIC OF THE PHILIPPINES
 REGIONAL TRIAL COURT
 FOURTH JUDICIAL REGION
 BRANCH 17
 CAVITE CITY
 Email: rtc1cav017@judiciary.gov.ph
 Hotline Number: 0936-069-6559

SP. PRO. NO. N-9502
 For: Sole Custody of Biological Child

IN THE MATTER OF THE SOLE CUSTODY OF HEINRICH LENNARD REYES INFANTE,

CRISTY T. REYES,
 Petitioner.
 X-_____ x

ORDER

A verified Petition has been filed by MS. CRISTY T. REYES, praying that after due notice, publication, and hearing, a judgment be rendered as follows:

a. The minor child, Heinrich Lennard Reyes Infante, be freed from all legal obligations of obedience and maintenance with respect to his biological gather; and

b. That the minor child, Heinrich Lennard Reyes Infante, be under the sole custody of his mother, Cristy T. Reyes

It appearing that the petition and its attachments are sufficient in form and substance, hearing of this petition is set on January 30, 2024 at 9:00 in the morning on which date, hour, and place, interested parties are cited to appear and show cause why the same should not be granted.

Let a copy of the Order be served, personally or via registered mail, upon all interested parties and be published in a newspaper of general circulation in the province and City of Cavite, once a week for three (3) consecutive weeks before the scheduled date of hearing.

SO ORDERED.

Given this 10 day of November 2023 at Cavite City, Cavite, Province, Philippines.

ROWENA R. MOJARES-AREVALO
 Presiding Judge
 Cavite Monday Times
 January 15, 22 & 29, 2024

CAVITE MONDAY TIMES
 JANUARY15, 22, 29, 2024

EXTRA JUDICIAL SETTLEMTN OF ESTATE OF THE LATE FELCITAS J. CARREON AMONG HEIRS WITH DEED OF DONATION

IN EXTRA JUDICIAL SETTLEMENT OF ESTATE OF THE LATE FELICITAS J. CARREON WHO DIED INTESTATE WITH OUR WILL AND/ OR TESTAMENT ON NOVEMBER 8, 1999 IN MAKATI MEDICAL CENTAR ,MAKATI CITY LEAVING A PARCEL OF LAND TOGETHER WITH THE IMPROVEMENTS EXISITNG THEREON UNDER TRANSFER CERTIFICATE OF TITLE NO. T-260336 WHIC IS THE SUBJECT FOR EXTRA JDUICIAL SETTLEMENT EXECUTED ON JANUARY 5, 2024 UNDER DOC. NO. 11385, PAGE NO. 73, BOOK NO. XXIII, SERIES OF 2024 BEFORE NOTARY PUBLIC ATTY. CHERYL D. ALSIM, CPA

Jan. 15, 22 & 29, 2024

Philippine Health Insurance Corporation
ADVISORY
 No. 2024 - 0001

PhilHealth
 Your Partner in Health
 BAGOONG PILIPINAS

Pre-Termination of Saviour Rural Bank, Inc. as collecting agent of PhilHealth

Effective immediately, all branches of Saviour Rural Bank, Inc. are no longer authorized to accept PhilHealth premium contributions.

For the complete list of Accredited Collecting Agents, log on to <https://www.philhealth.gov.ph/partners/collecting/>.

(Sgd.) EMMANUEL R. LEDESMA, JR.
 President and Chief Executive Officer (PCEO)
 Date signed: December 22, 2023

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT CITY OF IMUS,
CAVITE

FC CASE NO. 18778-23

EXTRA-JUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER ACT
3135 AS AMENDED BY ACT 4118

HOME DEVELOPMENT MUTUAL FUND
(PAG-IBIG FUND),
Mortgagee,

-versus-

RIC N. HILOT, represented by his Atty-in-
Fact, MARIA RHEA M. CEBU,
Mortgagors.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG FUND), mortgagee, with principal place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Ave., Makati City 1200, against RIC N. HILOT, represented by his Atty.-in-Fact, MARIA RHEA M. CEBU, mortgagor, with residential and postal address at Lot 17 Block 24, The Legian Imus Two Subd., Ph-A, Carsadang Bago, Imus, Cavite and Lot 20 Block 15, Mary Cris Homes Subd., Ph. II, Bucandala III, Imus, Cavite, to satisfy the mortgage indebtedness which as of October 18, 2023 amounts to SIX HUNDRED THIRTY FOUR THOUSAND NINE HUNDRED TWENTY SEVEN PESOS & 33/100 (P634,927.33), Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale the undersigned will sell at public auction on FEBRUARY 27, 2024 at 10:00 A.M. or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus Hall of Justice, Aguinaldo Highway, Imus, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2013032821

"A PARCEL OF LAND (LOT 17, BLOCK 24 OF THE CONSOLIDATION- SUBDIVISION PLAN PCS-04-026053, BEING A PORTION OF LOT 1299-A & 1299-B, (LRC) PSD-304635) SITUATED IN CARSADANG BAGO, IMUS, CAVITE, ISLAND OF LUZON. BOUNDED ON THE NW., ALONG LINE 1-2 BY ROAD LOT 19, ON THE NE., ALONG LINE 2-3 BY LOT 19, BLOCK 24, ON THE SE., ALONG LINE 3-4 BY LOT 18, BLOCK 24, ON THE SW., ALONG LINE 4-1 BY LOT 15, BLOCK 24, ALL OF THE CONS.-SUBD. PLAN. X X X

CONTAINING AN AREA OF FORTY (40) SQUARE METERS. X X X"

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on MARCH 5, 2024 at 10:00 A.M. without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances therein if any there be.

Imus, Cavite, January 11, 2024.

WILMAR M. DE VILLA
Sheriff IV

APPROVED:

ARMIE A. FRANCISCO
Clerk of Court VI

COPY FURNISHED:

HOME DEVELOPMENT MUTUAL FUND
(otherwise known as PAG-IBIG FUND)
The Petron Mega Plaza Building,
No. 358 Sen. Gil Puyat Ave., Makati City 1200

ATTY. RIZALDY F. DE LEON
Attorney-in-Fact, Bernales & associates
Suite 6 Third Floor, A. Francisco Gold Condominium 1,
784 EDSA West Kamias District, Quezon City 1102

RIC N. HILOT
Lot 17 Block 24 The Legian Imus Two Subd., Ph. A,
Carsadang Bago, Imus, Cavite and
Lot 20 Block 15, Mary Cris Homes Subd., Ph. II,
Bucandala III, Imus, Cavite

MARIA RHEA M. CEBU
#91 Rosas St., Gate II, Maricaban, Pasay City

PUBLICATION: CAVITE MONDAY TIMES
DATES : Jan. 22, 29 & Feb. 5, 2024

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
Branch 90
DASMARIÑAS CITY, CAVITE

File No. FC-DC-1237-23

EXTRA JUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER
ACT 3135, AS AMENDED BY ACT 4118

HOME DEVELOPMENT MUTUAL FUND
(Otherwise known as PAG-IBIG Fund),
Petitioner/Mortgagee,

-versus-

JAN CHERRY V. ALCANTARA MARRIED TO
CATHERINE MICHELLE C. ALCANTARA,
Respondent/Mortgagor.

X-----X

NOTICE OF SHERIFF'S SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118 filed by the petitioner/mortgagee, HOME DEVELOPMENT MUTUAL FUND (Otherwise known as PAG-IBIG Fund), a government financial institution duly organized and existing under and by virtue of Republic Act No. 9679, with postal address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City against respondents/mortgagors, JAN CHERRY V. ALCANTARA MARRIED TO CATHERINE MICHELLE C. ALCANTARA with postal address at (1) Lot 21 Block 11, New Delhi St., Summerwind, Dasmariñas, Cavite; (2) Lot 13-B Block 9, Villa Isabel Village, Burool, Dasmariñas, Cavite and for the satisfaction of the mortgaged debt which as of OCTOBER 09, 2023 amounts to ONE MILLION SEVENTY FIVE THOUSAND EIGHT HUNDRED SEVENTY NINE PESOS AND 95/100 (Php 1,075,879.95), exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on FEBRUARY 27, 2024 at 10:00 o'clock in the morning or soon thereafter in the Court Room of Branch 90, Regional Trial Court, Ground Floor, Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Burool II, Dasmariñas City, Province of Cavite to the highest bidder and for CASH or CERTIFIED CHECK, in Philippine Currency, the following described real property together with all the buildings and other improvements existing thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2011000827

IT IS MEREBY CERTIFIED that certain land and stuated in BARANGAY OF BUROL MUNICIPALITY OF DASMARIÑAS, PROVINCE OF CAVITE, ISLAND OF LUZON, bounded and described as follows:

A PARCEL OF LAND (LOT 13-B OF THE SUBDIVISION PLAN PSD-04-213742 BEING A PORTION OF LOT 13 BLOCK 9 ,PCS-04-000979 LRC, RÉCORD NO 8843) SITUATED IN THE BARANGAY OF BUROL, MUNICIPALITY OF DASMARIÑAS, PROVINCE OF CAVITE, ISLAND OF LUZON. BOUNDED ON THE NW., ALONG LING IS BY LOT 13-A OF THE SUBD. PLAN, ON THE NE., ALONG LINE 2-3 BY LOT 3761, IMUS ESTATE, ON THE SE., ALONG LINE 3-4 BY LOT 13-C OF THE SUBD. PLAN; ON THE SW., ALONG LINE 4-1 BY ROAD LOT 5 PCS OF 090979. BEGINNING AT A PT. MARKED "1" ON PLAN, BEING S. 15 DEG O2'E., 495.80 M. FROM MON. NO. 137 IMUS ESTATE., THENCE N., 58 DEG 37'E, 15.00 M. TO PT. 2; THENCE S., 31 DEG. 23'E 4.00 M. TO PT. 3; THENCE S., 58 DEG. 37'W 15.00 M. TO PT. 4; THENCE N., 31 DEG. 23'W, 4.00 M. TO PT. OF BEGINNING CONTAINING AN AREA OF SIXTY (60) SQUARE METERS. ALL PTS. REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY P.S CYL. CONC. MONS. 15X40 CMS. BEARINGS TRUE, DATE OF ORIGINAL SURVEY JULY 27, 1905-JUNE 1, 1906 AND THAT DATE OF SUBDIVISION SURVEY NOVEMBER 6, 2009 AND WAS APPROVED ON MAY 12, 2010.

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event that the public auction should not take place on the said date and time, it shall be held on MARCH 12, 2024, at the same time and place without further notice.

Dasmariñas City, Cavite, January 16, 2024.

ARLYN P. BARCELON
Sheriff IV

ATTY. MARCELA L. BAYBAY
Clerk of Court VI & Ex-Officio Sheriff

PUBLICATION: Cavite Monday Times
DATES: Jan. 22, 29, Feb. 5, 2024
Raffle Date of Judicial Notices: Jan. 12, 2024

Copy furnished:
HOME DEVELOPMENT MUTUAL FUND
(Otherwise known as PAG-IBIG Fund)
The Petron Mega Plaza Bldg.,
No. 358 Sen. Gil Puyat Ave., Makati City

MARIA VICTORIA D. CAPIRAL C/O ATTY. MELANIO A. BADENAS, JR.,
GCCS & Associates Corp.
Rm. 209 Megastate Bldg., No. 737, G. Araneta Ave., Tatalon, Q.C.

JAN CHERRY V. ALCANTARA MARRIED TO
CATHERINE MICHELLE C. ALCANTARA
1) Lot 21 Block 11, New Delhi St., Summerwind, Dasmariñas, Cavite;
(2) Lot 13-B Block 9, Villa Isabel Village, Burool, Dasmariñas, Cavite

Notice posted at:
1.The Bulletin Board of Regional Trial Court, Dasmariñas City, Cavite
2.The Bulletin Board of Dasmariñas City Hall
3.The Bulletin Board of Dasmariñas City Post Office
4.The Bulletin Board of Dasmariñas City Public Market

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
DASMARIÑAS CITY, CAVITE

File No. FC-DC-1245-23

EXTRA JUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER
ACT 3135, AS AMENDED BY ACT 4118

NATIONAL HOME MORTGAGE FINANCE
CORPORATION (NHMFC),
Petitioner/Mortgagee,

-versus-

LETICIA C. LIBAY, married to FERMIN B. LIBAY,

Respondent/Mortgagor.
X-----X

NOTICE OF SHERIFF'S SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118 filed by the petitioner/mortgagee, NATIONAL HOME MORTGAGE FINANCE CORPORATION (NHMFC), a government owned and controlled corporation created under P.D. No. 1267, with postal address at 104 Amorsolo St., Legaspi Village, Makati City against respondent/mortgagor, LETICIA C. LIBAY, married to FERMIN B. LIBAY with postal addresses at Lot 10 Blk. 06, CityHomes- Resortville, Brgy. Lancaan, Dasmariñas City, Cavite and 83 Bohol St., Ayala Alabang Village, Muntinlupa, Metro Manila and for the satisfaction of the mortgaged debt which as of November 30, 2023 amounts to ONE MILLION TWO HUNDRED TEN THOUSAND NINE HUNDRED THIRTY FIVE PESOS & 36/100 (Php1,210,935.36), exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on FEBRUARY 22, 2024 at 10:00 o'clock in the morning or soon thereafter in the Court Room of Branch 90, Regional Trial Court, Ground Floor, Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Burool II, Dasmariñas City, Province of Cavite to the highest bidder and for CASH or CERTIFIED CHECK, in Philippine Currency, the following described real property together with all the buildings and other improvements existing thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. T-480564

IT IS HEREBY CERTIFIED that, certain land, situated in the Mun. of Dasmariñas, Prov. of Cavite bounded and described as follows: A parcel of Land (Lot 10 Blk. 6 of the subd. plan; Psd-042106-064738, being a portion of Lot 3824-B, Psd-77337, L.R.C. Rec. No.), situated in the Bo. of Lancaan, Mun. of Dasmariñas, Prov. of Cavite, Is. of Luzon. Bounded on the SW., along line 1-2 by Lot at 9; on the NW., along line 2-3 by Lot 8, both of Blk. 6; on the NE., along line 3-4 by Alley 2, (4.50 m. wide); on the SE., along line 4-1 by Lot 12, Blk. 6, all of the subd. plan Beginning at a pt. marked "1" on plan, being S. 80 deg. 16'E., 63.96 m. from Mon. No.143, Imus Estate; thence N. 36 deg. 46'W., 4.00 m. to pt. 2; thence N., 53 deg. 14'E., 9.50 m. tp pt. 3; thence S. 36 deg. 46'E., 4.00 m. to pt. 4; thence S. 53 14' W., 9.50 m. to pt. of beginning, containing an area of THIRTY EIGHT (38) SQUARE METERS. All pts. referred to are indicated on the plan and are marked on the ground by P.S. cyl. conc. mons 15x60 cm. ; bearings true; date of orig. survey, July 27, 1905- June 1, 1906 and that of the subd. survey, March 15-July 15, 1993, and was approved on August 13, 1993.

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the publication auction should not take place on the said date and time, it shall be held on MARCH 07, 2023 at the same time and place without further notice.

16 January 2024, Dasmariñas City, Province of Cavite.

RODRIGO C. ESTOGERO, JR.
Sheriff IV

ATTY. MARCELA L. BAYBAY
Clerk of Court VI & Ex-Officio Sheriff

PUBLICATION: "Cavite Monday Times"

DATES: Jan. 22, 29, Feb. 5, 2024

Raffle Date of Judicial Notices: 12 January 2024.

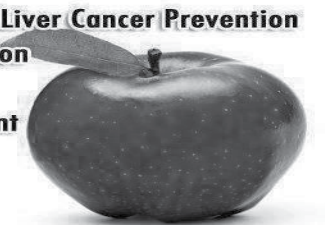
Copy Furnished:
NATIONAL HOME MORTGAGE FINANCE CORPORATION (NHMFC)
104 Amorsolo St., Legaspi Village, Makati City.

LETICIA C. LIBAY, married to FERMIN B. LIBAY
Lot 10 Blk. 06, CityHomes-Resortville, Brgy. Lancaan,
Dasmariñas City, Cavite and
83 Bohol St., Ayala Alabang Village, Muntinlupa,
Metro Manila.


Notice posted at:
1.The Bulletin Board of Regional Trial Court, Dasmariñas City, Cavite
2.The Bulletin Board of Dasmariñas City Hall
3.The Bulletin Board of Dasmariñas City Post Office
4.The Bulletin Board of Dasmariñas City Public Market

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- Diabetes Management
- Weight Loss



Peace is the result
of re-training your mind
to process life as it is rather
than you think it should be



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REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
AND EX-OFFICIO SHERIFF CAVITE CITY

FORECLOSURE CASE NO. REM 25-23

HOME DEVELOPMENT MUTUAL FUND
(otherwise known as PAG-IBIG FUND),
Mortgagee,

-versus-

DEXTER C. PANEM, single,
Mortgagor.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, Home Development Mutual Fund (otherwise known as PAG-IBIG FUND) with principal office at the The Petron Mega Plaza Building No. 358 Sen. Gil Puyat Ave., Makati City, against the Mortgagor, DEXTER C. PANEM, single, with postal address at Block 5, Lot 42 and 43, Karlaville Subdivision, Brgy. Wawa, Rosario, Cavite to satisfy the mortgage indebtedness which as of November 20, 2023, amounts to ONE HUNDRED THIRTY SIX THOUSAND SIX HUNDRED NINETY EIGHT PESOS & 38/100 (Php 136,698.38) inclusive of interest and other charges, the undersigned will sell at public auction on February 23, 2024 at 10:00 o'clock in the morning, at the main entrance of the Hall of Justice Building, Plaza Soledad St., Samonte Park Area, Cavite City to the highest bidder, for CASH and in Philippine Currency, the following described properties with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. T-1124844

A parcel of land (Lot 42, Blk. 5 of the cons./subd. plan Pcs-04-013714, being a portion of the cons. of Lots 661, 692 & 693, all San Francisco de Malabon Estate (Rs-04-002515), L.R.C Rec. No.) situated in the Brgy. of Wawa, Mun. of Rosario, Province of Cavite. x x x x x x; containing an area of THIRTY SIX (36) square meters, x x x x x x."

TRANSFER CERTIFICATE OF TITLE NO. T-1124845

A parcel of land (Lot 43, Blk. 5 of the cons./subd. plan Pcs-04-013714, being a portion of the cons. of Lots 661, 692 & 693, all San Francisco de Malabon Estate (Rs-04-002515), L.R.C Rec. No.) situated in the Brgy. of Wawa, Mun. of Rosario, Province of Cavite. x x x x x x; containing an area of FORTY THREE (43) square meters, x x x x x x."

All sealed bids must be submitted to the undersigned on the above stated time and place.

In the event the public auction should not take place on the said date, it shall be held on March 1, 2024 without further notice.

In the event the public auction should not take place on the said date, it shall be held on March 1, 2024 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title of the said property and encumbrance/s thereon, if any there be.

Cavite City, January 16, 2024.

HENRY M. CRUZ
Sheriff IV

APPROVED:

ATTY. VICTOR S. AUSTRIA, JR.
Clerk of Court VI & Ex-Officio Sheriff

COPY FURNISHED:

Atty. Jesus Angelo P. Gomez
c/o Alexis A. Molaer Law Office Lex
Citadel Bldg. No. 7 La Salle St.
Brgy. Silangan, Cubao, Quezon City

Dexter C. Panem
Block 5, Lot 42 & 43, Karlaville Subd.,
Brgy. Wawa Rosario, Cavite.

PUBLICATION: CAVITE MONDAY TIMES
DATES : Jan. 22, 29 & Feb. 5, 2024

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
CITY OF IMUS, CAVITE

FC CASE NO. 18834-23

EXTRA-JUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER ACT
3135 AS AMENDED BY ACT 4118

HOME DEVELOPMENT MUTUAL FUND
(PAG-IBIG FUND),
Mortgagee,

-versus-

JESSIE A. BALLE married to ANTONIA B. BALLE ,
represented by their Atty-in-Fact ASUNCION J. MARACE,
Mortgagors.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND), mortgagee, with principal place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against JESSIE A. BALLE married to ANTONIA B. BALLE represented by their Atty.-in-Fact ASUNCION J. MARACE, mortgagors, with residential and postal address at Block 11 Lot 2 Mary Homes Ph II, Molino IV, Bacoor, Cavite and/or Lot 42 Blk 15 The Legian Imus Two Ph. A Subd., Carsadang Bago, Imus, Cavite, to satisfy the mortgage indebtedness which as of October 9, 2023 amounts to SIX HUNDRED EIGHTY FIVE THOUSAND SEVEN HUNDRED NINETY TWO PESOS AND 87/100 (Php685,792.87), Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned will sell at public auction on FEBRUARY 27, 2024 at 10:00 o'clock in the morning or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus Hall of Justice, Aguinaldo Highway, Imus City, Cavite to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2013029536

"A PARCEL OF LAND (LOT 42 BLOCK 15 OF THE CONSOLIDATION-SUBDIVISION PLAN PCS-04- 026053, BEING A PORTION OF LOT 1299-A & 1299-B, (LRC) PSD-304635) SITUATED IN CARSADANG BAGO, IMUS, CAVITE, ISLAND OF LUZON. BOUNDED ON THE SE., ALONG LINE 1-2 BY ROAD LOT 12, ON THE SW., ALONG LINE 2-3 BY LOT 40 BLOCK 15, ON THE NW., ALONG LINE 3-4 BY LOT 41 BLOCK 15, ON THE NE., ALONG LINE 4-1 BY LOT 44 BLOCK 15 ALL OF THE CONS. SUBD. PLAN. X X X CONTAINING AN AREA OF THIRTY SIX (36) SQUARE METERS. X X X."

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on MARCH 5, 2024 at 10:00 o'clock in the morning without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrance therein if any there be.

City of Imus, Cavite, Philippines, December 28, 2023.

EMMANUELLE H. FRANCISCO
Sheriff IV
Branch 4-FC

APPROVED:

ARMIE A. FRANCISCO
Clerk of Court VI

COPY FURNISHED:

HOME DEVELOPMENT MUTUAL FUND
(PAG-IBIG FUND)
The Petron Mega Plaza Building, No. 358
Sen. Gil Puyat Avenue, Makati City

ATTY. JULIUS VOLTAIRE ROMMEL C. CUBELO
Attorney-In-Fact, 24K Accounts Consultant, Inc.
3F Fass Inteli College Bldg.,
No. 11, Pittsburgh St., Brgy. Silangan, Cubao, Quezon City

JESSIE A. BALLE married to ANTONIA B. BALLE
represented by their Atty.-in-Fact ASUNCION J. MARACE
Block 11 Lot 2 Mary Homes Ph II,
Molino IV, Bacoor, Cavite
Lot 42 Blk 15 The Legian Imus Two Ph. A Subd.,
Carsadang Bago, Imus, Cavite

PUBLICATION: CAVITE MONDAY TIMES
DATES : Jan. 22, 29 & Feb. 5, 2024

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT CITY OF IMUS,
CAVITE

FC CASE NO. 18794-23

EXTRA-JUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER ACT
3135 AS AMENDED BY ACT 4118

HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND),
Mortgagee,

-versus-

ROSELA S. CUBILLA married to
ERNESTO B. CUBILLA, Mortgagors.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG Fund), mortgagee, with principal office at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against ROSELA S. CUBILLA married to ERNESTO B. CUBILLA, mortgagors, with residence and postal address at N No. 32 F Talaba, Bacoor, Cavite and/or Lot 16 Block 10, Prima Homes, Brgy. Alapan, Imus, Cavite, to satisfy the mortgage indebtedness which as of October 9, 2023 amounts to NINETY THOUSAND FOUR HUNDRED TWENTY SEVEN PESOS and 39/100 (P 90,427.39) Philippine Currency, including interest and penalty charges but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at public auction on FEBRUARY 13, 2024 at 10:00 a.m. or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC- Imus, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following property with all the improvements therein, to wit;

TRANSFER CERTIFICATE OF TITLE NO. T-589349

"A parcel of land (Lot 16, Blk. 10 of the subd. plan Psd-04-076985, being a portion of Lot 1550, Imus, Estate, L.R.C. Rec. No.), situated in the Brgy. of Alapan, Mun. of Imus, Prov. of Cavite. Bounded on the SW., along line 1-2 by Lot 15, Blk. 10; on the NW., along line 2-3 by Road Lot 1; on the NE., along line 3-4-5- by Road Lot 9; and on the SE., along line 5-1 by Lot 14, Blk. 10, all of the subd. plan. x x x containing an area of FIFTY NINE (59) SQ. METERS. x x x"

All sealed bid must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on FEBRUARY 20, 2024 without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon if any there be.

Imus,Cavite, Philippines, December 7, 2023.

ISRAEL S. MEDINA
Sheriff IV

APPROVED:

ARMIE A. FRANCISCO
Clerk of Court VI

HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-Ibig Fund)
The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

ROSELA S. CUBILLA married to
ERNESTO B. CUBILLA
N No. 32 F Talaba, Bacoor, Cavite and/or Lot 16 Block 10,
Prima Homes, Brgy. Alapan, Imus, Cavite

ATTY. POMPEYO P. MAYNIGO
Counsel for the Mortgagee
Attorney-In-fact
Vision Credit & Collection Services Incorporated
JRDC Building 117 Sen. Gil. J. Puyat Ave., Pasay City

PUBLICATION: CAVITE MONDAY TIMES
DATES : Jan. 22, 29 & Feb. 5, 2024

Feb. 9 declared special non-working day for Chinese New Year

MANILA — President Ferdinand R. Marcos Jr. has declared Feb. 9 a special non-working day in the country, in observance of Chinese New Year.

ing the nationwide holiday to allow Filipinos to celebrate Chinese New Year and enjoy a longer weekend.

"The declaration of 09 February 2024, Friday, as an additional special non-working day throughout the coun-

try will give the people the full opportunity to celebrate the Chinese New Year and enable our countrymen to avail of the benefits of a longer weekend," the proclamation read.

Under Proclamation 453, the Department of Labor and

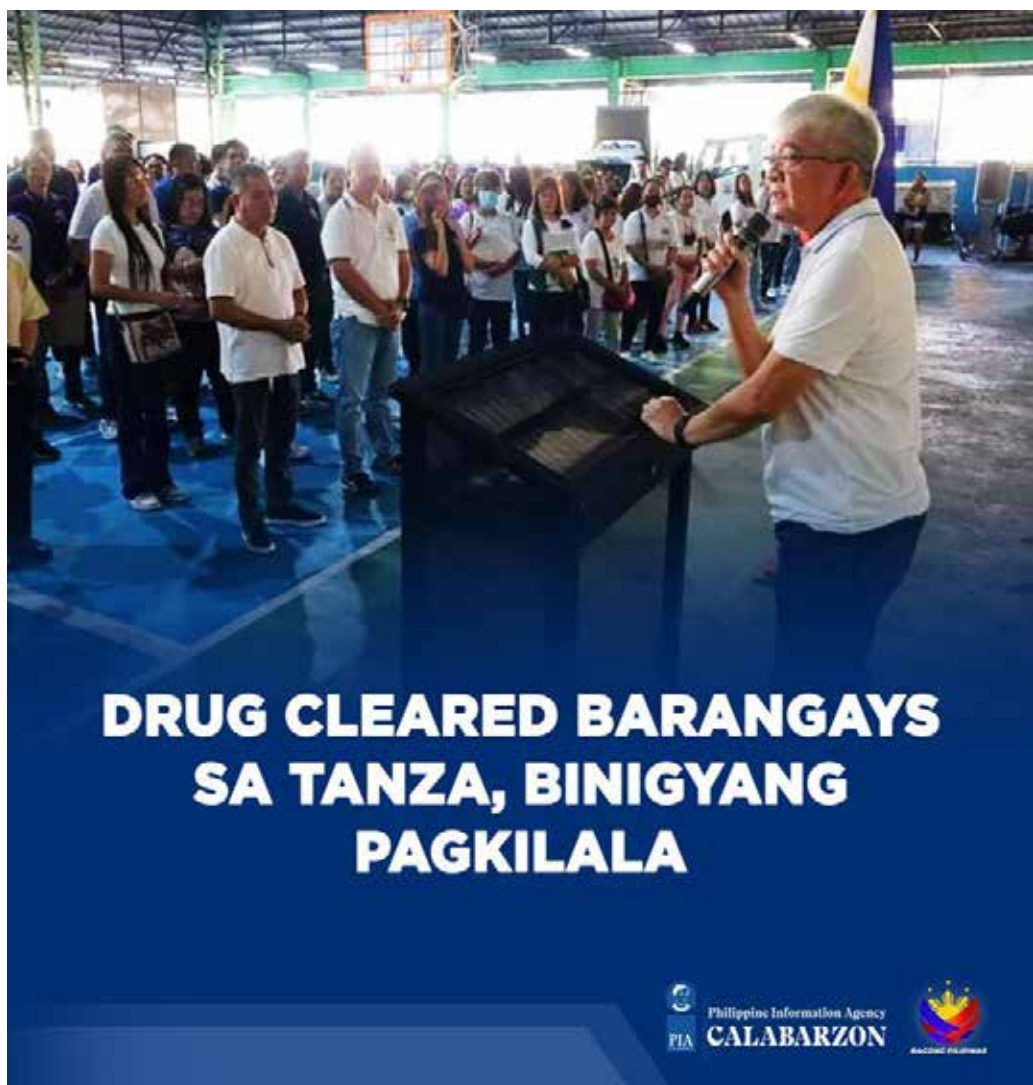
Employment (DOLE) is directed to issue the appropriate circular in implementing the proclamation for the private sector.

On Oct. 11, 2023, Marcos issued Proclamation 368, declaring Feb. 10, 2024, as

a special non-working day throughout the country for the celebration of Chinese New Year.

Chinese New Year is the festival celebrating the beginning of a new year on the traditional lunisolar Chinese cal-

endar. It is one of the most revered and festive events celebrated not only in China but also in the Philippines. (PNA)



DRUG CLEARED BARANGAYS SA TANZA, BINIGYANG PAGKILALA

Philippine Information Agency CALABARZON

Mas pinaigting ng lokal na pamahalaan ng Tanza ang kampanya nito laban sa ipinagbabawal na gamot.


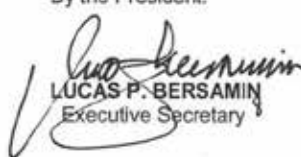


Kaya naman noong Lunes, Enero 15, pormal nang idineklara bilang ‘Drug Cleared Barangay’ ang Barangay Poblacion I, Poblacion II, Julugan III, Lambingan, Tres Cruces, at Amaya III.

Mismong si Mayor Yuri Pacumio ang nagpakilala sa mga huwarang barangay at binigyang pugay ang kanilang mga effort upang masiguro ang kaligtasan at kalusugan ng kanilang komunidad.

Tiniyak naman ng lokal na pamahalaan na mas pag-iigtingin nito ang kanilang mga programa upang bigyang pansin ang ipinagbabawal na gamot at rehabilitasyon ng mga biktima nito.



Agad na rumisponde ang pamahalaang lungsod ng Imus upang magpahatid ng tulong sa mga pamilyang naapektuhan ng sunog sa Tokwahan, Brgy. Medicion II-B noong Miyerkules, Enero 17. Pinangunahan ng City Social Welfare and Development Office ang paghahatid ng food packs, hygiene kits at sleeping kits para sa mga pamilyang inilikas. Ayon sa mga otoridad, walang nasaktan sa nasabing insidente. Laking pasasalamat naman ng pamahalaang lungsod sa Imus City Disaster Risk Reduction and Management Office (CDRRMO), Bureau of Fire Protection, at iba pang mga fire volunteer. | via Adrian Jay “AJ” Advincula


 MALACAÑAN PALACE
 MANILA
 BY THE PRESIDENT OF THE PHILIPPINES
 PROCLAMATION NO. 453
 DECLARING FRIDAY, 09 FEBRUARY 2024, A SPECIAL (NON-WORKING) DAY THROUGHOUT THE COUNTRY
 WHEREAS, Proclamation No. 368 dated 11 October 2023 declared 10 February 2024 (Chinese New Year), Saturday, as a special non-working day throughout the country;
 WHEREAS, the declaration of 09 February 2024, Friday, as an additional special (non-working) day throughout the country will give the people the full opportunity to celebrate the Chinese New Year and enable our countrymen to avail of the benefits of a longer weekend;
 NOW, THEREFORE, I, FERDINAND R. MARCOS, JR., President of the Philippines, by virtue of the powers vested in me by law, do hereby declare 09 February 2024 (Friday) as a special (non-working) day throughout the country.
 The Department of Labor and Employment is hereby directed to issue the appropriate circular to implement this Proclamation for the private sector.
 IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the Republic of the Philippines to be affixed.
 Done in the City of Manila, this 18th day of January, in the year of Our Lord, Two Thousand and Twenty Four.
 By the President:

 LUCAS P. BERSAMIN
 Executive Secretary



LONG WEEKEND AHEAD!

Idineklara ni Pangulong Ferdinand R. Marcos Jr. bilang Special Non-Working Day ang Pebrero 9, Biyernes, bilang pagdiriwang ng Chinese New Year.

#WalangPasok

DSWD assists more than 6.5M Filipinos in crisis in 2023..from page 1

ernment, and we, at the DSWD, remain committed to responding to their immediate needs through the AICS program,” the DSWD spokesperson said.

Under the AICS program, he said, beneficiaries were provided with various interventions, among them medical, food cash, burial/ funeral, and transportation assistance, as well as psychosocial support.

“Our clients, who are in crisis, will be assessed by our social workers to determine the types of assistance that best fit their needs,” Lopez said.

He noted that food assistance, followed by psychosocial support, and medical aid were the most sought-after services under the AICS.

According to Lopez, most of the AICS beneficiaries were from the Calabarzon region, numbering more than 870,000 individuals.

Meanwhile, he said more than 314,700 individuals received services in the different

Malasakit Centers across the country.

The Malasakit Center is a one-stop shop located in various hospitals of the Department of Health, the Philippine General Hospital, and other public hospitals nationwide where indigent patients, as well as those who are financially incapacitated, could access medical and financial

assistance from such government agencies as the DSWD, PhilHealth, and the Philippine Charity Sweepstakes Office.

Lopez assured that the DSWD would continue to implement protective services so that Filipinos in need would be assisted by the government, as envisioned by the administration of President Ferdinand R. Marcos Jr. (PNA)



GOV'T HELP. A social worker of the Department of Social Welfare and Development assists a beneficiary of the Assistance to Individuals in Crisis Situation program in Tandag City, Surigao del Sur on June 18, 2023. More than 6.5 million Filipinos facing difficult circumstances were provided with assistance by the DSWD through its AICS program in 2023. (Photo courtesy of DSWD)

THSCS team wins big in Make X Robotics World Championship Competition

TUGUEGARAO City Science High School (TC-SHS) Robotics team garnered third place in the MakeX robotics challenge category held in Yantai, China, last December 8–11, 2023.

The team demonstrated exceptional talent and innovation on the global stage, according to school officials. The international robotics competition was joined by more than 30 countries around the globe to promote multidisciplinary learning in the fields of science and technology.

The team is composed of Ezekiel Delos Santos, Aaron Malabad and Tyrone Gabrielle Pangilinan, mentored by their coach, Ronevir Dulin.

The team brought home the Best Cultural Award. TC-SHS is one of the beneficiaries of the Smart and Sustainable Communities Program project of Department of science and Technology (DOST) Region 2, “Advancing Classroom-Based Collaboration and Enhancing Laboratory Equipment through the Provision of Robotics and Technological Equipment to Science-Oriented Students,” simply known as ACCELERATES.



This groundbreaking initiative of the agency, in partnership with the local government unit of Tuguegarao City, aims to upgrade laboratories through robotic kits and

other equipment to empower science-oriented students by enhancing classroom-based collaboration and laboratory experiences through advanced technology.

The school officials congratulated Tuguegarao City Science High School Robotics team for bringing pride to the Philippines and representing Region 02 in the international arena.

-30-

Police officer involved in the beauty queen disappearance dismissed from the service

By Roselle R. Aquino

Camp BGen Vicente P Lim, Calamba City - BGen Paul Kenneth Lucas, Regional Director for PRO CALABARZON announced the dismissal of Police Major Allan De Castro from the PNP service during a press conference held today at this camp.

The Regional Director signed the order of dismissal on January 16, 2024, following an extensive investigation conducted by the Regional Internal Affairs Service 4A on the administrative case filed against him on the allegations of Conduct Unbecoming of a Police Officer. After series of investigation, the RIAS 4A uncovered evidence of an illicit and extramarital affair between De Castro and the missing Catherine Camilon.

“Police Major Allan De Castro’s dismissal serves as a significant step in ensuring that individuals entrusted with the responsibilities of serving and protecting our people are held accountable for their actions. We remain committed to conducting fair and impartial investigations into any similar allegations of misconduct, regardless of

our personnel’s rank or position. Hindi natin hahayaan na masangkot sa ano mang katulad na insidente ang ating mga personnel that will taint the image of the PNP especially here in the Police Regional Office CALABARZON,” said Lucas.

The dismissal of De Castro is an independent administrative action and is separate from the ongoing criminal investigation related to the disappearance of Catherine Camilon.

De Castro is still facing another administrative case under National Internal Affairs Service relative to the criminal charges of kidnapping with serious illegal detention filed against him.

“The legal process will continue to unfold, and updates will be provided to the media and the public as necessary. His dismissal from the service underscores the commitment of the command in maintaining the highest standards of conduct and integrity within our ranks. This reflects our dedication to transparency, accountability, and upholding the principles of justice,” Lucas further said.

PH HAS SUFFICIENT RICE SUPPLY BASED ON LATEST INVENTORY, EXPECTED GRAIN DELIVERY – DA CHIEF

Philippine Information Agency CALABARZON

The agriculture department made an assurance Tuesday that there is sufficient rice supply in the country based on the inventories made in December and January, in addition to the upcoming rice deliveries from overseas.

“As far as supply is concerned we have enough supply of rice – December, medyo healthy ang ating stocks. January, is healthy, there’s additional rice coming. But as far as the price is concerned, mahirap ma-predict, ang problema iyong world price is tumataas eh ‘no dahil sa El Niño,” Agriculture Secretary Francisco Tiu Laurel said in a press briefing in Malacañang.

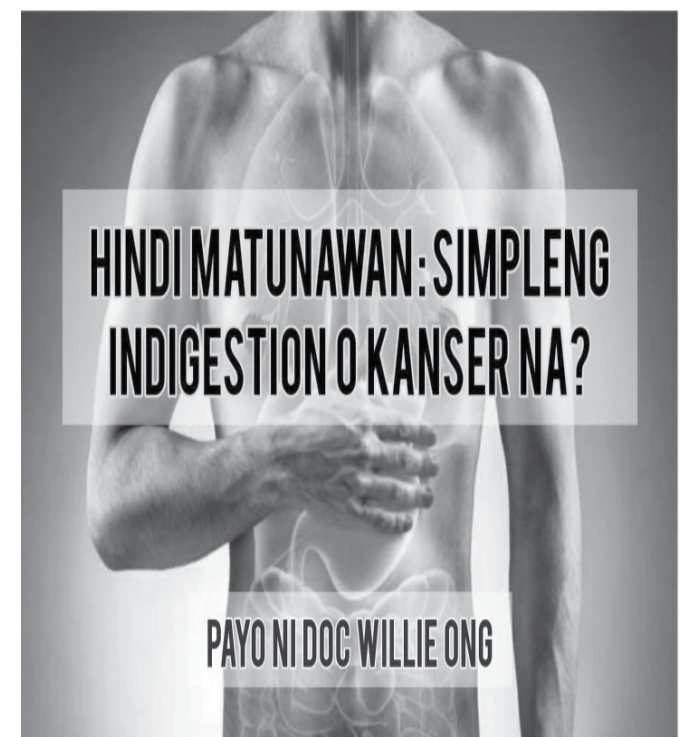
HINDI NATUNAWAN: SIMPLENG INDIGESTION O KANSER NA?

Payo ni Doc Willie Ong

Lahat tayo ay may sandaling hindi natutunawan, maaaring ito ay natural lang. Ngunit kung ito ay madalam mo ng maramdaman baka naman ito ay isa ng malubhang karamdaman. Ang bawat tao ay nakararanas ng hindi matunawan dahil sa mga pagkain na nakakain, sobrang pagkain o masyadong mabilis kumain. Minsan, ang pagkain ng mga halo-halong mga pagkain (maasim, maanghang, mataba o gatas) ay maaaring maging sanhi ng pagkulo ng tiyan. Ang paninigarilyo at paginom ng alkohol ay maaaring mag-resulta din sa tummy aches. Karaniwan, kailangan mo lamang uminom ng antacid at pahinga. Upang maiwasan ang hindi pagkatunaw ng pagkain, ipinapayo ko na kumain ng mas kaunting pagkain ngunit mas madalam naman. Gayunpaman, may iba pang mga sanhi na maaaring mas seryoso. Kung ang sakit ay nagsisimula sa gitna ng tiyan, at pagkatapos ay tu-

matakbo sa kanang ibabang tiyan, posible ito ay appendicitis. Kung ang sakit ay nangyayari sa kanang itaas ng tiyan at nangyayari pagkatapos kumain ng mamantika, baka ito ay bato sa apdo o gallbladder stone. Ang parehong mga kondisyon ay kailangang makita ng isang surgeon para sa posibleng operasyon. Paminsan-minsan, ang pakiramdam ng hindi

pagkatunaw ng pagkain ay maaaring isang palatandaan ng isang ulcer o kanser sa tiyan. Ang mga sintomas na dapat bantayan ay kung may kasama na anemia at pagbaba ng timbang. Ang isang gastroenterologist ay maaaring magsagawa ng isang endoscopy upang masuri at malaman ang sakit.



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0920 951 1248**



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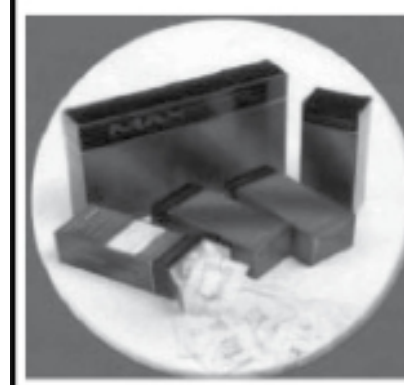


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January 22-28, 2024

VOL. 22 NO. 22 P15. 00



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