DSWD to provide recovery phase interventions to affected families

MANILA - A senior official of the Department of Social Welfare and Development (DSWD) on Thursday assured

that the agency will also assist Typhoon Carina-affected families during the recovery

"From the Rapid Damage Assessment and Needs Analysis (RDANA), we could determine kung ano pa yung mga

maaari natin i-infuse na mga karagdagang interventions because after the response phase, tutungo tayo sa recov-

ery phase na kung saan ay ia-assess natin itong mga naapektuhan ng disaster para maka-recover,

masuportahan yung pag-improve ng kanilang well-being after na

TURN TO PAGE 3

CSC urges gov't agencies to grant SEL to typhoonaffected workers

SEE PAGE 4

ISSN 2651-6845

Monday Cimes

crusading militant truthful

JULY 29-AUGUST 4, 2024 RE-ENTERED AS SECOND CLASS MAIL NO. 2011-37 AT BACOOR POST OFFICE, CAVITE DATED MARCH 31, 2011 VOL 22 NO. 48 P15.00

DepEd: 738 disaster-affected schools to postpone school opening

MANILA - The Department of Education (DepEd) on Friday said 738 schools are expected to postpone the scheduled opening of classes for school year 2024-2025 on July 29 due to the effects of the enhanced southwest monsoon and Super Typhoon Carina.

Central Luzon, 206 are in Visayas. the National Capital Region (NCR), 86 are in the Cordillera Administrative Region (CAR), and four in Cotabato, according to the DepEd's latest partial report.

The local governments of Marikina and Valenzuela have na i-postpone talaga nang announced the postponement of school opening in all public and private schools in their municipalities, adjusting the schedule to Aug. 5.

were affected in Metro Manila, pumasok na sila (we know, Cordillera Administrative Region, Ilocos Region, Cagayan Valley, Central Luzon, Calabarzon, Mimaropa, Bicol Region,

Of the total, 442 are in Western Visayas, and Eastern

DepEd Secretary Sonny Angara, however, urged other unaffected schools to proceed with the school opening to prevent learning loss.

"Kaya gusto man ng iba malawakan (That's why even if others want a massive postponement), we cannot do it. Because alam natin, what if next week may tumama na naman typhoon, pinostpone Overall, 12,866 schools natin. So iyong may kaya sana what if next week another typhoon comes and we've postponed it? So those who can, they should go to school) be-

cause the learning loss is very real," he said in a press confer-

The Education chief also assured the implementation of makeup classes for missed school days for the upcoming school year.

According to the Department of Budget and Management (DBM), the DepEd has a PHP3.2 billion Quick Response Fund (QRF) and National Indemnity Insurance Program (NIIP) for 132,862 school buildings which may be utilized for school repairs following the infrastructure damage. (PNA)

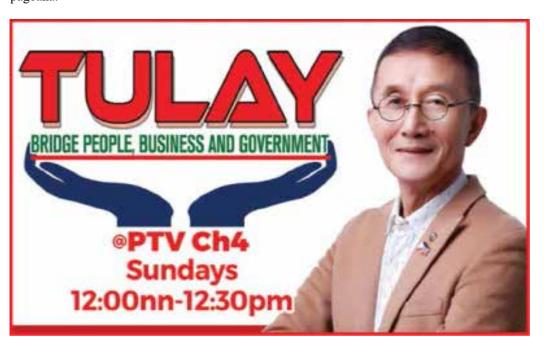


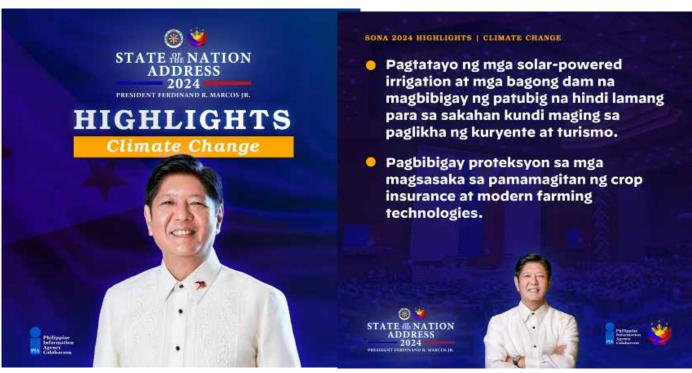
DSWD FAMILY FOOD PACKS, INIHATID SA CAVITE

Higit kumulang na 1,600 Family Food Pack ang inihatid ng Department of Social Welfare and Development IV-A (DSWD Region IV-A) para sa mga pamilyang naapektuhan ng bagyong Carina sa Cavite City at Rosario noong Miyerkules, Hulyo 24.

Patuloy namang nakikipag-ugayan ang tanggapan sa mga lokal na pamahalaan para da paghahatid ng tulong sa mga apektadong pamilya sa buong rehiyon, lalo na ang mga inilikas dahil sa pagbaha.







Sa kabila ng mga hamon na dulot ng nagbabagong panahon, tiniyak ni Pangulong Ferdinand Romualdez Marcos Jr. na mas palalakasin ng kaniyang administrasyon ang pagtugon sa mga sakuna. Kabilang dito ang pagsiguro na handa at listo ang bawat Disaster Risk Reduction and Management (DRRM) workers sa bansa, mayroong sapat na imprastruktura na kayang tumugon at magsilbi bilang evacuation centers at Disaster Response Command Center sa panahon ng kalamidad.

"Ang pinakamahalaga ay ang buong bansa ay matibay at laging handa sa nakakapinsalang mga sakuna. Nangunguna ang ating mga DRRM workers upang tiyakin ang ating malawakang paghahanda at ating pagiging mulat at listo sa anumang oras," pahayag ng Pangulo.

Bukod dito, sinabi rin ni Pangulong Marcos na bibigyan niya ng proteksyon ang mga magsasaka na apektado ng mga kalamidad sa pamamagitan ng crop insurance at pagkakaloob ng modern farming technologies.

#SONA2024

#BagongPilipinas

Dasmarinas Police drug operation yields 2.1M worth of Marijuana

By Roselle R. Aquino

Camp BGen Vicente P. Lim, Calamba City - Members of the City Drug Enforcement Unit of Dasmariñas Component City Police Station together with the Cavite Provincial Drug Enforcement, PNP Drug Enforcement Group 4A Special Operations Unit Cavite and Regional Intelligence Unit 4A seized P2,100,000.00 worth of marijuana and arrested a High Value Individual in a buy-bust operation at Brgy. Victoria Reyes, Dasmariñas City, Cavite.

About 8:45 PM on July 19, 2024, said operatives conducted anti-illegal drug operation that led to the arrest of alias "Bob", male, 34, a high level individual from Brgy. Victoria Reyes, Dasmariñas, Cavite.

Recovered from the suspect were 59 carts of liquid marijuana, 3 pieces bag of high grade marijuana or kush weighing 1,020 grams, 2 plastic bags of dried marijuana leaves, 1 brick of marijuana and 2 pieces round wrap packaging tape containing marijuana leaves weighing 5000 grams and drug bust money.

The Regional Director of PRO CALABARZON, BGenPaul Kenneth Lucas lauded the joint operatives of anti-illegal drug units of PRO CALABARZON for the successful buy-bust operation and for the arrest of a high value individual.

"We are very fortunate to apprehend this high value individual, thanks to our dedicated and hardworking drug operatives especially to the drug enforcement unit of Dasmariñas. Currently, we are digging deeper about this case and we will make sure that all persons involved in these illicit activities will be apprehended. I have ordered all chiefs of police to intensify law enforcement operations especially checkpoints to flagged down the transportation of illegal items like illegal drugs and its products here in CALABAR-ZON region," Lucas said.

Meanwhile, the arrested suspect is now under the custody of Dasmariñas CCPS Custodial Center for detention and proper disposition. Charges for violations of Sections 5, 26, and 11, Article II of RA 9165 are being prepared for filing in court against the suspect.

Republic of the Philippines Fourth Judicial Region REGIONAL TRIAL COURT Branch 130, Trece Martires City rtc1tmt130@judiciary.gov.ph 09198753023

LRC CASE NO. 6832-003-24

IN RE: PETITION FOR REPLACEMENT OF LOST OWNER'S DUPLICATE COPY OF TRANSFER CERTIFICATE OF TITLE NO. T-114359- OF THE REGISTRY OF DEEDS FOR THE PROVINCE OF CAVITE,

JOSE ANTONIO MARTINEZ, JR., (a.k.a.) JOSE Y. MARTINEZ, JR. represented herein by their Attorney-in-Fact, NORINA V. ANDRO,

versus

THE REGISTRY OF DEEDS FOR THE PROVINCE OF CAVITE, Respondent.

NOTICE OF HEARING

Filed before this Court is a Petition for Replacement of Lost Owner's Duplicate Copy of Transfer Certificate of Title No. T-114359, in lieu of the lost one, issued by the Registry of Deeds for the Province of Cavite in the name of the JOSE ANTONIO T. MARTINEZ, JR., the registered

owner.

After being satisfied that the Petition is sufficient in form and substance, the same is hereby set for initial hearing on September 23, 2024, and on November 25, 2024 at 8:30 o'clock in the morning, which date, hour, and place any and all interested persons are required to appear and show cause why the Petition should not be granted.

Let a copy of this Notice of Hearing be published for three (3) consecutive weeks, at the expense of the Petitioner, in a newspaper of general circulation and posted, in a newspaper of general circulation and posted at Tanza Public Market, the Tanza Municipal and Barangay Halls where the property is situated, as well as on the land itself located at Lot 3 Block 1 Sta. Cruz de Malabon Estate Brgy. Julugan, Municipality of Tanza, copy furnish petitioner, and his counsel.

The Sheriff of this Court is hereby directed to post copies of this Notice accordingly. The Petitioner is likewise directed to submit a copy of the Petition with its annexes to the Registry of Deeds for the Province of Cavite and the Office of the Solicitor General.

Send a copy of this Order to the Office of the Clerk of Court (OCC) for raffle of the publication.

SO ORDERED.

Trece Martires City, Cavite, February 19, 2024.

GAYSOL C. LUNA Presiding Judge

Copy Furnished:

ATTY. RICHMOND REI RAM BELLEZA PACALDO & BELLEZA LAW OFFICES Counsel for Petitioner 640 Plaza Soledad, Samonte Park, Cavite City

NORINA V. ANDRO Attorney-in-fact of the Petitioner 747 A. del Rosario Street, San Roque, Cavite City

JOSE ANTONIO MARTINEZ, JR. Petitioner

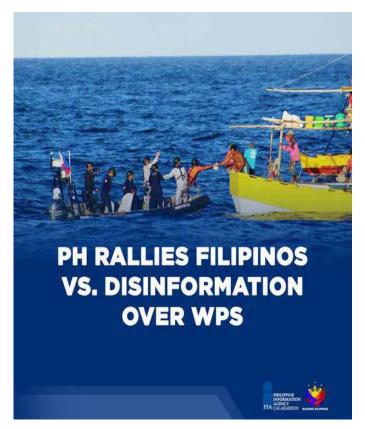
747 A. del Rosario Street, San Roque, Cavite City

OFFICE OF THE SOLICITOR GENERAL 134 Amorsolo St., Legaspi Village, Makati City

REGISTRY OF DEEDS FOR THE PROVINCE OF CAVITE Trece Martires City, Cavite

ATTY. MARICEL LILLED ASUNCION-ROXAS Clerk of Court Office of the Clerk of Court (OCC) Trece Martires City, Cavite

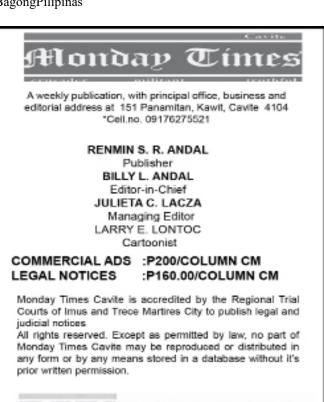
Publication: Cavite Monday Times Dayes: July 15, 22, 29, 2024



Clashes between the Philippines and China over territorial disputes are not only taking place in the seas and the courts of law but also in the information arena.

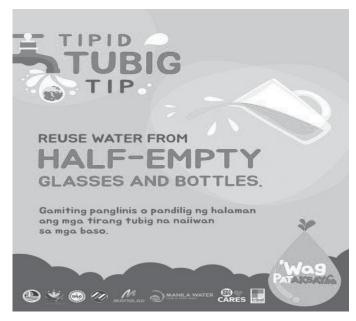
Thus, the Philippine government is resolutely engaging China in the propaganda battle as it asserts its sovereign rights in the West Philippine Sea (WPS) and combats disinformation being fed across various media platforms.

#WestPhilippineSea #BagongPilipinas



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LIBRENG CHARGING STATION, WIFI, AT KAPENG MAINIT ALOK NG ISANG BRGY SA CAVITE CITY

Libreng ipinapagamit ng isang barangay sa Cavite City ang kanilang generator para makapagcharge ng cellphone ang mga residente.

Umaga pa lamang ngayong araw, Hulyo 24, 2024 ay nawalan na ng suplay ng kuryente ang maraming barangay sa lungsod ng Cavite City bunsod na masungit na panahon dulot ng bagyong Carina.

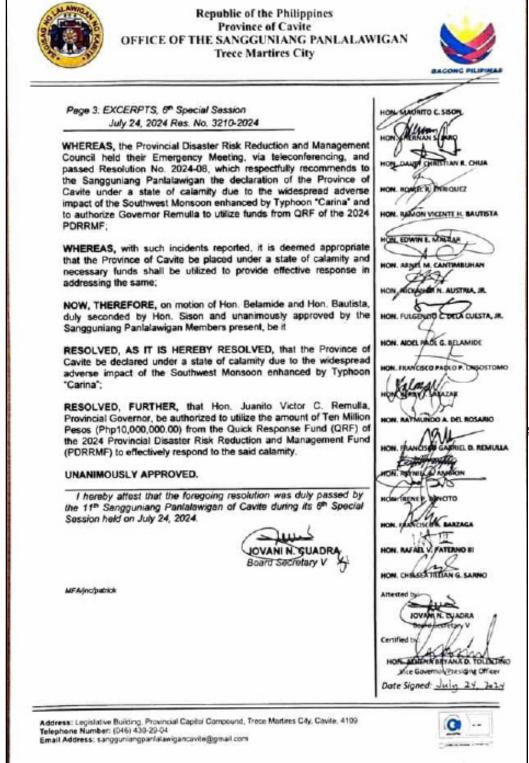
Bukod sa free charge ng cellphone at libre din silang makakagamit ng wifi upang makausap at makontak nila ang mga pamilyang nasa malalayong lugar.

Dahil malamig daw ang panahon dahil sa walang humpay na pag-ulan ay libre ding makakainom ng kapeng mainit ang mga tao habang naghihintay na maicharge ang kani-kanilang mga cellphone.

"Kailangan nating gumawa ng paraan upang matulungan ang ating mga residente. Mahalaga ang komunikasyon sa panahon ngayong dumaranas tayo ng kalamidad", salaysay ni Brgy. Capt. Zaldy Consigo ng Brgy. 58-M Patola.

Binigyang diin ni Consigo na bukas sa din sa mga taga ibang lugar ang kanilang inaalok.

"Welcome po kayong lahat dito. Para po sa ating lahat ito", pagtatapos ni Consigo. | via Ruel Francisco - PIA Cavite, Sid, Cavite Press Corps



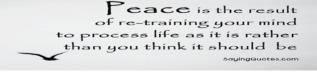
sinailalim na sa State of Calamity ang buong lalawigan ng Cavite bunsod ng pananalasa ng bagyong Carina |





Agad na namahagi ang pamahalaang lungsod ng Imus ng relief packs para sa 28 pamilya na binubuo ng 95 katao pansamantalang naglalagi sa Tinabunan Elementary School sa gitna ng haguput ng bagyong Carina.

Personal namang binisita ni Mayor Alex Advincula ang kanyang mga kababayan upang kamustahin ang kanilang kalagayan. Matapos nito ay pinuntahan rin ng alkalde ang boundary ng Imus City at Kawit na dahilan ng pagbaha sa Medicion at Pag-asa. Ayon kay Advincula, patuloy na nakikipag-ugnayan ang lokal na pamahalaan sa MPCALA South at Department of Public Works and Highways upang masolusyunan ang problema ng pagbaha sa kanilang lugar. | via Alex Advincula



DSWD to provide recovery phase interventions to affected families..from page I

disaster (what additional inwe go to the recovery phase wherein we assess the support needed by those affected by the disaster fro them to recover)," said DSWD spokesperson Irene Dumlao during a press briefing at the DSWD Central Office in Quezon City.

"Interventions for the recovery phase may come in the form of financial assistance such as the emergency cash transfer (ECT), Assistance to Individuals in Crisis Situation (AICS), and cash-for-work, based on the result of the RDANA and assessment of the DSWD social workers," she said.

Meanwhile, Dumlao assured the availability of food packs in all affected regions and hard-to-reach areas during the response phase.

sila ay maapektuhan ng isang The Assistant Secretary for Disaster Response Manageterventions we can infuse be- ment Group (DRMG) said cause after the response phase, the agency has a stockpile of family food packs (FFPs) and other relief items which have been prepositioned in the different regions for local government units (LGUs) severely affected by Typhoon Carina compounded by the southwest monsoon.

> She said the agency, through its field offices, is also in constant coordination with the concerned LGUs to ensure that augmentation FFPs can be transported to their areas when the need arises.

> Based on the July 25, 6 a.m. report of the DSWD-Disaster Response Operations Monitoring and Information Center (DROMIC), the DSWD has already provided more than PHP7.3 million humanitarian assistance to the affected families and individuals. (PNA)



Nagsagawa si Pangulong Ferdinand R. Marcos Jr. ng aerial inspection ng floodway sa Rizal upang masuri ang lawak ng pinsala at matugunan ang matinding pagbaha sa lalawigan dulot ng Typhoon Carina.

CSC urges gov't agencies to grant SEL to typhoonaffected workers

MANILA – The Civil Service Commission (CSC) reminded heads of government agencies to implement the granting of the five-day special emergency leave (SEL) to government employees affected by the onslaught of Super Typhoon Carina and the enhanced southwest monsoon or "habagat".

CSC Commissioner Aileen Lizada in a message to the Philippine News Agency on Thursday said government employees affected by natural calamities or disasters are entitled to a five-day SEL under CSC Memorandum Circular numbers 2 and 16, both series of 2012.

"MC 16, s. 2012 clarified po that special emergency leave under MC Nr. 2, S. 2012 shall be granted to employees affected by natural calamities after Ondoy. So continuing po ang grant ng SEL (the grant of the SEL is continuing)," Lizada said.

She said the five-day SEL should also be granted based on the declaration of a state of calamity by the President of the Philippines or by the Local Sanggunian as provided by Section 16 of Republic Act No. 10121 or Philippine Disaster Risk Reduction and Management Act of 2010.

On Wednesday, the Metro Manila Council (MMC) placed the National Capital Region (NCR) under a state of calamity when Super Typhoon Carina and southwest monsoon

wreaked havoc on many parts of the region.

Aside from Metro Manila, also placed under a state of calamity are Cainta in Rizal, Cavite, Batangas, and Baco, Oriental Mindoro.

"However, in case a specific area was not declared under a state of calamity but was nonetheless severely affected by the national calamity/disaster, the head of agency in the exercise of his/her sound discretion, may grant the special emergency leave to affected employees based on proof or evidence presented or news account," the MC 16 reads.

MC 2, meanwhile, states that the special emergency leave can be applied for five straight working days or on a staggered basis and will not be deducted from the employee's leave credits.

The purpose of the leave may be for urgent repair and cleanup of damaged house, being stranded in affected areas, disease or illness of employees brought by natural calamity/ disaster, and caring for immediate family members affected by natural calamity/disaster.

Lizada said the five-day SEL may be availed within 30 days of the occurrence of the calamity.

The SEL is non-cumulative and non-commutative. (PNA)

REPUBLIC OF THE PHILIPPINES FOURTH JUDICIAL REGION REGIONAL TRIAL COURT OFFICE OF THE CLERK OF COURT CITY OF IMUS, CAVITE

EXTRA-JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT 3135, AS AMENDED BY ACT 4118

FC CASE NO. 19100-24

HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND), Mortgagee,

-versus-

BENEDICTO L. MIRO JR. married to ANNA LIZA S. MIRO, Mortgagors.

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND), mortgagee, with principal place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against BENEDICTO L. MIRO JR. married to ANNA LIZA S. MIRO, mortgagors, with residence and postal address at 1006-B.P. Burgos St., San Roque, Cavite City, and/or Lot 7 Block 16, Greenplace Homes, Phase 1, Annex A, Barangay Malagasang II, Imus, Cavite, to satisfy the mortgage indebtedness which as of June 25, 2024 amounts to FOUR HUNDRED FORTY THOUSAND FIVE HUNDRED NINETY FOUR PESOS AND 14/100 (Php440,594.14), Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned will sell at public auction on AUGUST 13, 2024 at 10:00 o'clock in the morning or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC Imus City Hall of Justice, Aguinaldo Highway, Imus City, Cavite to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2014064285

"A PARCEL OF LAND (LOT 7, BLOCK 16, OF THE SUBD. PLAN PSD-04-213603, BEING A PORTION OF LOT 1869 IMUS ESTATE, LRC REC. NO.), SITUATED IN THE BARANGAY OF MALAGASANG II, MUNICIPALITY OF IMUS, PROV. OF CAVITE, ISLAND OF LUZON. BOUNDED ON THE SOUTH, ALONG LINE 1-2 BY LOT 8; ON THE WEST, ALONG LINE 2-3 BY LOT 9, BOTH OF BLOCK 16; ON THE NORTH, ALONG LINE 3-4 BY ROAD LOT 5; AND ON THE EAST, ALONG LINE 4-1 BY LOT 5, BLOCK 16, ALL OF THE SUBD. PLAN. X X X CONTAINING AN AREA OF THIRTY SIX (36) SQ. METERS. XXX"

All sealed bid must be submitted to the undersigned on the stated time and date.

In the event the public auction should not take place on the said date, it shall be held on AUGUST 20, 2024 at 10:00 o'clock in the morning without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrance therein if any there be.

Imus

City of Imus, Cavite, July 17, 2024.

ROSVIDA C. NOCUM Sheriff IV Branch 22

Approved

ARMIE A. FRANCISCO Clerk of Court VI

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND) The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

JEFFREY A. RAMIENTAS, C.P.A. Attorney-in-Fact, Greatsource Corp. 2546 A. Bonifacio St., Bangkal, Makati City

BENEDICTO L. MIRO JR.
ANNA LIZA S. MIRO
1006-B P. Burgos St., San Roque, Cavite City and/or
Lot 7 Block 16, Greenplace Homes, Phase 1, Annex A
Barangay Malagasang II, Imus, Cavite

Publication: Cavite Monday Times Dated: July 29, August 5 & 12, 2024 REPUBLIC OF THE PHILIPPINES FOURTH JUDICIAL REGION REGIONAL TRIAL COURT OFFICE OF THE CLERK OF COURT CITY OF IMUS, CAVITE

EXTRA-JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT 3135, AS AMENDED BY ACT 4118

FC CASE NO. 19090-24

HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG Fund), Mortgagee.

-versus-

NORA ASUNCION married to ROBERTO ASUNCION, Respondents-Mortgagors.

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act No. 3135 as amended by Act No. 4118 filed by HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG Fund), mortgagee, with principal office at The Petron Megaplaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against NORA ASUNCION married to ROBERTO ASUNCION, mortgagor, with residence and postal address at #956-C, Barangka Drive, Mandaluyong City and/or Lot 31, Blk. 4, CH-Barcelona-1, Bo. Tanzang Luma, Imus, Cavite to satisfy the mortgage indebtedness which as of May 07, 2024 amounts to FOUR HUN-DRED THIRTEEN THOUSAND NINE HUNDRED NINETEEN PE-SOS and 72/100 (Php 413,919.72), Philippine Currency, including interest and penalty charges but excluding attorney's fees, sheriff's fees, and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at public auction on SEPTEMBER 10, 2024 at 10:00 a.m. or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus City, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following properties with all the improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE NO. T-579550

"A parcel of land (Lot 31, Blk. 4 of the subd. plan, Psd-042109-062796, being a portion of Lot 5467-D, (LRC) Psd-349661, LRC Rec. No.), situated in the Bo. of Tanzang Luma, Mun. of Imus, Prov. of Cavite. Bounded on the Nw., along line 1-2 by Lot 32, Blk. 4, on the NE., along line 2-3 by Rd. Lot 20, on the SE., along line 3-4 by Lot 30, Blk. 4, on the SW., along line 4-5 by Lot 26, Blk. 4, along line 5-1 by Lot 25, Blk. 4, all of the subd. plan. xxx, containing an area of FIFTY (50) SQ. METERS. xxx"

All sealed bid must be submitted to the undersigned on the stated time and date.

In the event the public auction should not take place on the said date, it shall be held on SEPTEMBER 17, 2024 at 10:00 a.m. without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon if any there be.

Imus City, Cavite, Philippines, July 09, 2024

BRYAN C. CERVANTES Sheriff IV

Approved:

ARMIE A. FRANCISCO Clerk of Court VI

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG Fund) The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

ATTY. SIMEON P. MADRID
Attorney-in-Fact, S.P. MADRID & ASSOCIATES
5th Floor Bedrock Building, Kayumanggi Center
Commonwealth Ave., Matandang Balara, Quezon City

NORA ASUNCION married to ROBERTO ASUNCION, #956-C, Barangka Drive, Mandaluyong City and/or Lot 31, Blk. 4, CH-Barcelona-1, Bo. Tanzang Luma, Imus, Cavite

Publication: Cavite Monday Times Dated: July 29, August 5 & 12, 2024



4 dead in Batangas landslide

MANILA – Four people, including a pregnant woman and her nine-year-old daughter, died in a landslide incident in Agoncillo, Batangas, a police report reaching Camp Crame on Wednesday.

Camp Crame on Wednesday.
The four fatalities were identified as Denden Rimas, 27, pregnant, and her daughter Samantha, 9, and two others believed to be Denden's siblings Lyca, 16, and Aiza, 13

The victims were inside their house made of bamboo and other wooden materials when buried by soil caused by landslides in Barangay Subic Ilaya, Agoncillo, the report to Camp Crame stated. In its Facebook page, the local government of Agoncillo, Batangas said the bodies of the four victims have all been recovered and it

will continue to evacuate residents

near the area in Sitio Manalao of

Barangay Subic Ilaya.

"Malungkot na pangyayari ang bumungad sa ating lokal na pamahalaan at sa mga residente ng Barangay Subic Ilaya sapagkat apat nating kababayan ang di inaasahang binawian ng buhay matapos ang insidente ng landslide sa Sitio Manalao, Subic Ilaya (A sad event happened in our local government and the residents of Barangay Subic Ilaya because four

or our fellow residents unexpectedly lost their lives after the landside in Sitio Manalao)," it said. Southwest monsoon or habagat enhanced by Typhoon Carina brought incessant rain in many parts of Luzon, affecting 183,464 families, according to the National Disaster Risk Reduction and Management Council. (PNA)

Continuous disaster management training conducted by OCD



CALAMBA CITY, Laguna (PIA) – The Office of Civil Defense (OCD) – Region 4A continues to hold training sessions with local disaster risk reduction and management offices to enhance their preparedness and response capabilities.

These trainings aim to equip local officials and personnel with the necessary skills and knowledge to effectively manage and mitigate the impacts of disasters, ensuring the safety and resilience of their communities.

The OCD-Region 4A Director and RDRRMC CALABAR-ZON Chairperson, Carlos Eduardo Alvarez III, added that even local chief executives are mandated to attend these training sessions to ensure that they are knowledgeable about disaster risk management, en-

abling them to lead their communities effectively during emergencies and to implement disaster preparedness measures efficiently.

"So in times of disaster, we all have to be synchronized. There should not be different styles of disaster response per LGU; that's why we push for an operation center that we call a facility, which will serve as the coordination and information hub," said Alvarez.

"We don't wait for the disaster. We prepare before the disaster comes up. We are always on top of things and, at the same time, are prepared for disasters so that we can mitigate and respond to operations and circumstances requiring rehabilitation and recovery. So not only before the disaster, during the disaster, but even

after the disaster, we are very focused on that," he said.

During a meeting with the Regional Disaster Risk Reduction and Management Council, Alvarez concurred that the region implement the High Risk or Charlie protocol in Emergency Preparedness and Response (EPR) so that the region will be better equipped to respond to hazards and worst-case possible scenarios throughout the La Niña season. (PIA-4A)

Sulong Calabarzon is a weekly public affairs program hosted by the Philippine Information Agency Calabarzon, streaming live every Thursday, 2:00 PM via the Philippine Information Agency Calabarzon Facebook page.

PBBM, nanguna sa pag-alala sa kabayanihan ni Apolinario Mabini



LUNGSOD NG BATAN-GAS (PIA) — Pinangunahan ni Pangulong Ferdinand R. Marcos Jr. ang programa at selebrasyon sa ika-160 taong kapanganakan ni Apolinario Mabini sa dambana ng bayani sa Brgy. Talaga, Tanauan City, Batangas nitong Martes, ika-23 ng Hulvo.

Nag-alay ng bulaklak ang Pangulo sa bantayog ni Mabini, kasama sina Armed Forces of the Philippines Chief of Staff General Romeo Brawner at National Historical Commission of the Philippines Chair Regalado Trota Jose Jr., na dinaluhan rin ng iba pang opisyal mula sa lokal at nasyunal na pamahalaan.

Sa mensahe ni Pangulong Marcos, binigyang-diin niya na dapat gawing inspirasyon ng mga kabataan si Mabini upang magpunyagi sa buhay, partikular sa mga pilosopiyang pampulitika at panlipunan na makakapag-ambag sa bansa tungo sa Bagong Pilipinas.

"Ang kaniyang ipinamanang lakas ng loob ay nabubuhay sa kanila at sa maraming Pilipino na patuloy na nag-aalay ng kanilang husay at talento para sa patuloy na pag-unlad ng Pilipinas. Tinatawagan ko ang mga kabataang Pilipino ngayon na gawing inspirasyon at halimbawa ang buhay ni Alinario Mabini upang magpunyagi sa

buhay,"

Bukod pa dito, inaalala din ng Pangulo ang mga kontribusyon ng dakilang paralitiko na nagpamalas ng tatag, deterinasyon at katalinuhan sa pagtataguyod ng reporma sa panahon ng kolonyalismo.

"Sa kabila ng kapansanang ito, hindi [nito] naparalisa ang kaniyang nag-aalab na puso at matatag na diwa. Ang kalagayan niya ang siyang nagbigay-lakas sa kaniya na gamitin ang talas ng kaniyang isip bilang sandata laban sa kawalang-katarungan, pang-aabuso, at pang-aapi sa mga kapwa Pilipino," dagdag ng Pangulo.

Public warned vs. 'vishing' as 9 scammers nabbed in Cavite

MANILA – The Philippine National Police (PNP) Anti-Cybercrime Group on Thursday cautioned anew the public, especially the elderly, from falling to fraudulent phone calls from those pretending to be bank employees.

The ACG issued the warning after nine suspects allegedly engaged in 'vishing' (voice phishing) scams and target bank depositors were nabbed in Cavite province on Wednesday night.

ACG chief Brig. Gen. Ronnie Cariaga said the arrest was made during the service of warrants to search, seize and examine computer data (WSSECD) against April Joy Espino,34, for violation of Section 4 (b) (2) or Computer-related Fraud under Republic Act No. 10175 or the Cybercrime Prevention Act of 2012.

"In telephone calls, these individuals pretended to be bank employees, deceitfully obtaining money from the victims' bank accounts," Cariaga said in a statement.

He said the arrest was carried out after an eight-month investigation, case build-up,



and surveillance on the suspects which stemmed from complaints from dozens of victims.

Seized during the operation were registered SIM cards, information and communication technology (ICT) devices, bank documents, and scripts used when calling the victims.

Among the bank documents were assorted bank accounts and credit card account records containing various personal information.

Cariaga has called for the co-

operation of financial institutions in the investigation to strengthen the evidence, prepare for filing the case, and expedite the process.

"The PNP ACG will also reach out to the victims identified in the gathered evidence to assist them in filing a complaint," he said.

In a press briefing at Camp Crame, ACG Cyber Response Unit chief Col. Jay Guillermo said the suspects siphoned millions from the accounts of their victims. "So roughly nasa PHP40 million na yang nakuha nila (They got roughly PHP40 million) from the time we investigate from November up to now," Guillermo said.

He said the scheme's turnout is alarming as some retired employees, including court judges, were defrauded of their hard-earned pension.

He also reminded bank depositors not to share their one-time PIN (OTP) to anyone. (PNA)

DBM: Over P11-B calamity fund still available

MANILA – More than PHP11 billion or still half of the government's calamity fund for 2024 is at its disposal as the country reels from the effects of Typhoon Carina and the enhanced southwest monsoon or habagat.

According to the Department Budget and Management (DBM), some PHP11.123 billion remains in the calamity fund out of the allocation of PHP22.736 billion for 2024, including a carryover amount of PHP2.236 billion from last year's budget that may be used until yearend.

"Our government is prepared. We are ready to support all operations for disaster rescue and relief with the necessary budget. Identified frontline government agencies may mobilize their Quick Response Fund (QRF) allocated in their respective budgets," Budget Secretary Amenah Pangandaman said in a statement.

The DBM said the following agencies have built-in QRFs in their respective budgets for

2024: a total of PHP1 billion has been allocated to the Department of Agriculture, PHP3 billion for the Department of Education, PHP500 million for the Department of Health, PHP50 million for the Bureau of Fire Protection PHP50 million for the Philippine National Police, PHP500 million for the Office of Civil Defense, PHP1 billion for the Department of Public Works and Highways, PHP1.75 billion for the Department of Social Welfare and Development, and PHP75 million for the Philippine Coast Guard.

The DBM said these agencies may request for replenishment once they use at least 50 percent of their QRF.

If needed, agencies may tap into the available National Disaster Risk Reduction and Management Fund may be used for aid, relief, and rehabilitation services to communities, subject to the approval of the President. (PNA)

DOST kicks off Handa Pilipinas in Cebu to advance Visayas resilience



Cebu City, Philippines - The Visayas leg of the Department of Science and Technology's (DOST) "Handa Pilipinas" annual exposition kicked off yesterday at the Waterfront Hotel in Cebu City, with its agenda focused on enhancing the region's disaster resilience through science, technology, and innovation (STI).

The Handa Pilipinas Visayas Leg will run from July 24 to 26 and will bring together local government units (LGUs), stakeholders, and experts in disaster risk reduction and management (DRRM) to share best He likewise elaborated on practices and explore innovative solutions.

The undertaking seeks to serve as a critical platform for knowledge exchange and collaborative efforts aimed at fortifying Dr. Teodoro Gatchalian, the resilience of the Visayas region through cutting-edge science and technology.

In his opening remarks, DOST Undersecretary for Regional Operations Dr. Sancho Mabborang highlighted the integral role of science in DRRM, and emphasized how LGUs act as active collaborators to offer significant insights from their onground experiences.

Mabborang said the collaboration allows for the sharing of best practices across various LGUs and fosters more resilient and well-prepared communities through the application of technology and innovation.

The keynote address was delivered by DOST Secretary Dr. Renato U. Solidum Jr., who underscored the pivotal role of STI in disaster risk reduction and management.

"STI is crucial in addressing the challenges in disaster risk reduction and staying ahead of the curve in disaster management. This is why we bring Handa Pilipinas into our communities," said Dr.

three key messages: redefining Filipino resilience, understanding hazards and risks, and harnessing appropriate S&T solutions.

DOST Undersecretary for Special Concerns, delivered a special message spotlighting the indomitable spirit of the Visayans.

He said: "Time and again, the fighting spirit of the Visayans has shone through,

demonstrating unyielding resilience. Yesterday, we gather to once again to strengthen that resilience with the power of innovation, the DOST power."

The event also featured messages of support from key regional leaders, including Dir. Jennifer Bretana of NEDA Region 7, Councilor Alforque of Lapu-Lapu City, and Arch. Arceil Barlam, department head of the Mandaue City Environment Of-

Day one of the Handa Pilipinas event featured a pre-conference session titled "Unmasking DRRM Hoaxes: The Hunt for Truth Against Social Media Misinformation," along with pre-opening activities and a press conference.

Various activities aligned with DRRM and the DOST's vision of a resilient nation, including technological exhibits accessible to the public, will also be held.(Nelson



- Stay hydrated drink lots of water. Eat a protein-packed snack an hour
 - before your Holiday meal.
 - Fill-up on salad and fresh
- vegetables first. Have smaller bites and portions.
- Watch the calories you are drinking. · Get active! Stand up and move around!





Nanawagan si Pangulong Ferdinand R. Marcos Jr. sa pinaigting na aksyon para pataasin ang kamalayan ng publiko tungkol sa climate change kasunod ng malubhang pagbaha na idinulot ng Super Typhoon Carina at ng habagat.

Sa situation briefing sa Mauban, Quezon, binigyang-pugay ni PBBM ang mabilis na pagtugon ng local at national government sa paghahatid ng pansamantalang pabahay, relief, at serbisyong pangkalusugan sa mga apektadong pamilya.

Basahin: https://pco.gov.ph/Holistic-Approach-to-Raise-Climate...

PAGOD KA BA LAGI? SUBUKAN ITO

Payo ni Doc Willie Ong

Kung palagi kang pagod (fatigue), subukan itong mga payo at baka makatulong na sa iyo.

- 1. Magkaroon ng sapat na tulog sa gabi kung maaari ay 7 hanggang 8 oras na tulog na hindi naiistorbo.
- 2. Sundin and schedule ng pagtulog. Regular na matulog at gumising sa parehong oras araw-araw
- 3. Bigyan ang sarili ng oras para mag-relax. Humingi ng tulong sa iba kung masyado ng marami ang trabaho o pagod na.
- 4. I-organize ang pangaraw-araw na schedule. Unahain ang mas importante gawin. Okay lang na hindi tapusin lahat.
- 5. Alamin ang mga bagay na nagdudulot sa iyo ng stress. Bawasan o iwasan

diet

- 6. Subukan mag-ehersisyo sa umaga. Ang ehersisyo ay nagbibigay ng lakas.
- 7. Paramihin ang sariwang hangin sa iyong bahay at trabaho. Ang sariwang hangin ay nagbibigay ng lakas.
- 8. Balansehin ang iyong kakainin. Isama dito ang pagkain ng maraming prutas, gulay, at whole grain. Kumain ng masustansyang almusal at huwag magpalipas ng gutom.
- 9. Kung sobrang sa timbang, mag-diyeta ng dahandahan. Ngunit iwasan ang sobrang pagbawas sa pagkain dahil baka lalo ka manghina.
- 10. Uminom ng 8-10 basong tubig. Kung ang iyong ihi ay malinaw ang kulay, ibig sabihin ay sapat ang iniinom na tubig, ngunit kung sobrang dilaw kinakailan-

- gan mo uminom ng mas maraming tubig.
- 11. Tingnan ang mga gamot na iniinom. May mga gamot ang may side effect na nagdudulot ng fa-
- 12. Itigil ang paninigarilyo. Ang paninigarilyo ay nakapagpapataas ng lebel ng pagod.
- 13. Bawasan o itigil ang pag-inom ng alak at kape. Ang mga ito ay nakaaapekto sa maayos na pagtulog.

Kung ang pagod ay patuloy pa rin kahit may sapat na pahinga at ito ay nagtagal ng 2 linggo o higit pa, maaaring may ibang sakit na kailangang gamutin. Kumonsulta sa iyong



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May sakit sa bato, atay, puso, may arthritis at iba pa.

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